

Zeller Raiffeisenbank Adventslauf
Gesamt Einlauf : 5 km Hauptlauf der Raser

Datum : 16.12.14 Zeit : 00:02:18 Seite : 1

Gesamt	Klasse	Gesch	Name	StartNr	Verein	Nat	Jg	Klasse	1+2: Rd	3. Rd	4. Rd	5. Rd	6. Rd	Zeit	(Brutto)
1	1	1	GHEBREZHIABHER, Abraham	185	Tyron-Team	ERI	1994	M20	00:03.53	00:06.32	00:09.11	00:11.47	00:14.13	00:14.29	(00:14.32)
2	2	2	HABTEMICHAEL, Yonas	186	Tyron-Team	ERI	1994	M20	00:03.54	00:06.33	00:09.11	00:11.48	00:14.14	00:14.32	(00:14.34)
3	3	3	GEBRETNISAE, Okbay Tsegay	188	Tyron-Team	ERI	1986	M20	00:03.54	00:06.33	00:09.12	00:11.48	00:14.19	00:14.37	(00:14.39)
4	1	4	Baier, Heiko	182	LG Braunschweig	D	1984	M30	00:04.06	00:06.53	00:09.39	00:12.27	00:15.02	00:15.16	(00:15.17)
5	4	5	Bock, Alexander	104	PST Trier	GER	1992	M20	00:04.06	00:06.52	00:09.41	00:12.27	00:15.02	00:15.16	(00:15.17)
6	5	6	Schweikert, Markus	108	LG Maifeld-Pellenz	LVR	1994	M20	00:04.04	00:06.51	00:09.39	00:12.26	00:15.01	00:15.16	(00:15.19)
7	6	7	Gallo, Christian	102	AC Eifel	BEL	1989	M20	00:04.04	00:06.51	00:09.39	00:12.27	00:15.07	00:15.22	(00:15.25)
8	2	8	Schmitz, Christian	103	LG Maifeld- Pellenz	D	1983	M30	00:04.04	00:06.51	00:09.37	00:12.24	00:15.06	00:15.23	(00:15.26)
9	1	9	Beinlich, Moritz	444	Lg RheinWied (LVR)	D	1996	MJ U20	00:04.05	00:06.51	00:09.40	00:12.26	00:15.11	00:15.28	(00:15.30)
10	7	10	Müller, Marco	181	LG Ameln / Linnich	D	1993	M20	00:04.04	00:06.51	00:09.39	00:12.33	00:15.27	00:15.45	(00:15.48)
11	8	11	Werhan, Dominik	106	PST Trier	GER	1993	M20	00:04.08	00:06.57	00:09.58	00:13.00	00:15.44	00:15.59	(00:16.02)
12	9	12	Müller, Martin	171	PST Trier	GER	1990	M20	00:04.11	00:07.07	00:10.04	00:12.58	00:15.53	00:16.12	(00:16.14)
13	10	13	Taplan, Janek	128	LC Bingen	D	1985	M20	00:04.22	00:07.16	00:10.17	00:13.20	00:16.18	00:16.35	(00:16.39)
14	11	14	Roth, Jens	107	Team bikes-and-more.	D	1988	M20	00:04.24	00:07.21	00:10.23	00:13.25	00:16.22	00:16.39	(00:16.41)
15	2	15	Barzen, Erik	172	TSG 1848 Heidesheim	D	1996	MJ U20	00:04.23	00:07.21	00:10.28	00:13.32	00:16.30	00:16.47	(00:16.49)
16	1	16	Rötsch, Christian	147	Hunsrück-Marathon e.	D	1978	M35	00:04.23	00:07.20	00:10.21	00:13.27	00:16.31	00:16.50	(00:16.53)
17	1	17	Pütz, Yannick	105	LG Rhein-Wied	D	1997	MJ U18	00:04.22	00:07.21	00:10.26	00:13.33	00:16.35	00:16.53	(00:16.55)
18	1	18	Spitzhorn, Heiko	176	RTV Kader	D	1968	M45	00:04.33	00:07.38	00:10.42	00:13.49	00:16.49	00:17.06	(00:17.08)
19	2	19	Gnoß, Marcel	153	Kevelaerer SV	D	1997	MJ U18	00:04.32	00:07.36	00:10.46	00:13.54	00:16.57	00:17.16	(00:17.19)
20	1	20	Lauff, Frederik	145	LG Kreis Ahrweiler	D	1970	M40	00:04.38	00:07.44	00:10.49	00:13.56	00:16.58	00:17.17	(00:17.19)
21	2	21	PENNER, Vadim	189	LG HSC Gamlen RSC Un	D	1973	M40	00:04.28	00:07.35	00:10.44	00:13.53	00:17.00	00:17.20	(00:17.22)
22	3	22	Jakart, Sascha	169	LG Maifeld-Pellenz	GER	1981	M30	00:04.39	00:07.39	00:10.46	00:13.56	00:17.01	00:17.20	(00:17.25)
23	2	23	Koch, Thomas	110	AusdauerTEAM.de	D	1976	M35	00:04.33	00:07.39	00:10.47	00:14.01	00:17.10	00:17.28	(00:17.30)
24	3	24	Repovs, Gabriel	154	TSG 1848 Heidesheim	D	1999	MJ U18	00:04.31	00:07.36	00:10.46	00:14.00	00:17.13	00:17.30	(00:17.33)
25	12	25	Staudinger, Maik	119	Pschebizin Proficoac	D	1985	M20	00:04.34	00:07.43	00:10.53	00:14.06	00:17.12	00:17.31	(00:17.34)
26	1	1	Gebrehiwot, Eleni	207	TV Wattenscheid	GER	1984	W30	00:04.34	00:07.36	00:10.44	00:13.55	00:17.12	00:17.32	(00:17.33)
27	2	26	Schieffer, Michael	178	PST Trier	D	1968	M45	00:04.46	00:07.53	00:11.06	00:14.14	00:17.24	00:17.44	(00:17.49)
28	4	27	Haumann, Hendrik	140	TG Konz	LUX	1980	M30	00:04.44	00:07.51	00:11.01	00:14.16	00:17.29	00:17.48	(00:17.52)
29	4	28	Olbermann, Niklas	122	TV Cochem	D	1998	MJ U18	00:04.32	00:07.43	00:11.01	00:14.20	00:17.34	00:17.49	(00:17.54)
30	3	29	Müller, Dirk	129	Hunsrück Marathon e.	D	1968	M45	00:04.40	00:07.50	00:11.06	00:14.21	00:17.34	00:17.51	(00:17.54)
31	1	30	Nolles, Alwin	126	LG Meulendorf Föhren	D	1963	M50	00:04.36	00:07.48	00:11.01	00:14.18	00:17.34	00:17.55	(00:17.57)
32	1	2	ASMELAH, Fanos Tekle	187	Tyron-Team	ETH	1993	W20	00:04.34	00:07.43	00:11.03	00:14.24	00:17.41	00:18.02	(00:18.04)
33	2	3	Schmitz, Nora	202	PST Trier	GER	1992	W20	00:04.54	00:08.09	00:11.22	00:14.34	00:17.44	00:18.02	(00:18.04)
34	3	31	Althoff, Benedikt	134	TuS Bengel	D	1996	MJ U20	00:04.44	00:08.01	00:11.20	00:14.41	00:17.51	00:18.07	(00:18.10)
35	5	32	Haas, Jannik	183			1998	MJ U18	00:04.49	00:08.01	00:11.18	00:14.32	00:17.48	00:18.08	(00:18.11)
36	3	33	Toups, Kevin	165	RSC Stahlroß Wittlic	USA	1972	M40	00:04.43	00:08.01	00:11.21	00:14.40	00:18.02	00:18.23	(00:18.26)
37	1	4	Philipp, Caroline	179	Team TV	D	1999	WJ U18	00:04.39	00:07.57	00:11.15	00:14.35	00:18.02	00:18.25	(00:18.28)
38	6	34	Morbe, Peter	158	Silvesterlauf Trier	GER	1998	MJ U18	00:04.42	00:08.01	00:11.26	00:14.57	00:18.10	00:18.27	(00:18.32)
39	7	35	Ehses, Giulio	174	PST Trier	D	2000	MJ U18	00:04.43	00:08.01	00:11.27	00:14.59	00:18.12	00:18.28	(00:18.31)
40	3	5	Mellina, Martine	210	Celtic Diekirch	LUX	1990	W20	00:04.52	00:08.06	00:11.26	00:14.52	00:18.11	00:18.31	(00:18.33)
41	4	36	Nachsel, Rocco	127	Rea-Sport e.V.	D	1969	M45	00:04.45	00:08.03	00:11.28	00:14.52	00:18.16	00:18.37	(00:18.39)
42	4	37	Arlart, Dietrich	125		D	1974	M40	00:04.55	00:08.13	00:11.34	00:14.57	00:18.18	00:18.38	(00:18.42)
43	8	38	Kolberg, Lennert	173	RTV	D	1998	MJ U18	00:04.45	00:08.04	00:11.30	00:15.00	00:18.21	00:18.39	(00:18.42)
44	2	39	Schmitt, Stefan	131	LG Bernkastel-Wittli	D	1964	M50	00:04.55	00:08.15	00:11.38	00:14.59	00:18.20	00:18.41	(00:18.44)
45	4	6	Bermes, Chiara	211	PST Trier	D	1993	W20	00:04.52	00:08.14	00:11.44	00:15.10	00:18.30	00:18.48	(00:18.52)
46	9	40	Spitzhorn, Timo	111	RTV Kader RSG Montab	DW	2000	MJ U18	00:04.57	00:08.20	00:11.41	00:15.09	00:18.29	00:18.48	(00:18.53)
47	10	41	Iking, Niklas	168	LG Maifeld-Pellenz	GER	1998	MJ U18	00:04.57	00:08.11	00:11.27	00:15.00	00:18.27	00:18.49	(00:18.53)

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48	2	7	Kolberg, Majtie	205	LVR	D	1999	WJ U18	00:05.01	00:08.23	00:11.47	00:15.11	00:18.35	00:18.51	(00:18.54)
49	1	8	Martens, Vera	203	TV Waldstraße Wiesba	D	1969	W45	00:05.01	00:08.23	00:11.46	00:15.11	00:18.34	00:18.54	(00:18.56)
50	3	42	Gierten, Patrick	112	PSV Wengerohr	D	1977	M35	00:05.04	00:08.27	00:11.52	00:15.16	00:18.38	00:18.59	(00:19.04)
51	11	43	Westermann, Jonas	159	Silvesterlauf Trier	GER	1998	MJ U18	00:04.55	00:08.14	00:11.40	00:15.11	00:18.41	00:18.59	(00:19.04)
52	4	44	Lührs, Janik	130	LG Bernkastel-Wittli	D	1996	MJ U20	00:05.07	00:08.34	00:11.57	00:15.22	00:18.44	00:19.02	(00:19.05)
53	5	45	Engel, Dirk	152	LT Schweich	D	1970	M40	00:04.52	00:08.18	00:11.49	00:15.21	00:18.45	00:19.03	(00:19.07)
54	12	46	Meyer, Lucas	155	TG Konz	D	1998	MJ U18	00:05.16	00:08.42	00:12.08	00:15.29	00:18.44	00:19.06	(00:19.12)
55	5	47	Klaus, Peter	184	LG Meulenzwald Föhren	GER	1966	M45	00:04.55	00:08.20	00:11.46	00:15.14	00:18.44	00:19.06	(00:19.09)
56	6	48	Thomas, Christoph	146	TV Morbach	D	1967	M45	00:05.01	00:08.28	00:11.55	00:15.25	00:18.51	00:19.10	(00:19.13)
57	7	49	Rhein, Ralf	163	PST Trier	GER	1965	M45	00:05.01	00:08.25	00:11.54	00:15.25	00:18.53	00:19.12	(00:19.17)
58	3	50	Nolles, Thomas	116	LG Meulenzwald Föhren	D	1963	M50	00:05.03	00:08.29	00:11.57	00:15.26	00:18.56	00:19.17	(00:19.21)
59	5	51	Thelen, Jörg	117	LG Pronsfeld-Lünebac	D	1983	M30	00:05.14	00:08.42	00:12.11	00:15.37	00:18.56	00:19.17	(00:19.23)
60	6	52	SCHMITT, Markus	170	LG HSC GAMLEN-RSC UN	D	1980	M30	00:05.00	00:08.26	00:11.53	00:15.22	00:18.53	00:19.17	(00:19.22)
61	1	9	Holly, Charlotte	451	RSG Montabauer	D	1996	WJ U20	00:05.02	00:08.26	00:11.53	00:15.31	00:19.03	00:19.25	(00:19.30)
62	5	10	Schmitt, Laura	208	PST Trier	GER	1993	W20	00:05.08	00:08.34	00:12.07	00:15.40	00:19.08	00:19.28	(00:19.33)
63	13	53	Hochstrate, Jonas	166	SV 1919 Sonsbeck e.V	D	1998	MJ U18	00:05.09	00:08.49	00:12.25	00:15.56	00:19.13	00:19.34	(00:19.36)
64	6	11	Dussaucy, Maelynn	180	PST Trier	D	1994	W20	00:05.08	00:08.36	00:12.09	00:15.43	00:19.13	00:19.34	(00:19.39)
65	1	54	Bernes, Dieter	137		D	1956	M55	00:05.08	00:08.37	00:12.10	00:15.43	00:19.13	00:19.34	(00:19.41)
66	7	12	Dahlem, Jana	209	PST Trier	GER	1991	W20	00:05.08	00:08.37	00:12.11	00:15.46	00:19.19	00:19.41	(00:19.45)
67	6	55	Kunz, Jörg	114	Tus Hausen	D	1970	M40	00:05.06	00:08.36	00:12.13	00:15.50	00:19.23	00:19.44	(00:19.48)
68	8	13	Brachtendorf, Vanessa	206	LG Maifeld-Pellenz	LVR	1992	W20	00:05.09	00:08.42	00:12.17	00:15.54	00:19.24	00:19.46	(00:19.51)
69	8	56	Haas, Olaf	132	LT Büdlich-Breit-Nau	D	1967	M45	00:05.10	00:08.41	00:12.14	00:15.52	00:19.26	00:19.50	(00:19.54)
70	1	14	Schenk, Karin	204	Spiridon Frankfurt	D	1973	W40	00:05.20	00:08.53	00:12.26	00:16.01	00:19.38	00:20.00	(00:20.04)
71	9	57	Urbany, Guido	124	LT Schweich	D	1966	M45	00:05.20	00:08.54	00:12.28	00:16.06	00:19.41	00:20.02	(00:20.07)
72	7	58	Laumers, Michael	118	SC Bleialf	D	1980	M30	00:05.25	00:09.02	00:12.41	00:16.18	00:19.46	00:20.04	(00:20.11)
73	8	59	Simmen, Sebastian	143	LG Pronsfeld-Lünebac	D	1982	M30	00:05.25	00:09.03	00:12.41	00:16.17	00:19.48	00:20.08	(00:20.15)
74	13	60	GÖDERT, Alexander	139	LG HSC GAMLEN-RSC UN	D	1994	M20	00:04.55	00:08.28	00:12.10	00:15.57	00:19.45	00:20.09	(00:20.14)
75	1	61	Gode, Heiko	115	ausser atem	D	1953	M60	00:05.27	00:09.07	00:12.47	00:16.20	00:19.53	00:20.10	(00:20.15)
76	14	62	Kolberg, Jan	161	LG Kreis Ahrweiler	D	1992	M20	00:04.59	00:08.41	00:12.24	00:16.11	00:19.52	00:20.15	(00:20.19)
77	9	63	Laumers, Marco	175	SC Bleialf	D	1984	M30	00:05.11	00:08.42	00:12.18	00:16.18	00:20.01	00:20.16	(00:20.21)
78	10	64	Althofen, Martin	157	DBL-Team RSG Montaba	D	1965	M45	00:05.21	00:09.01	00:12.43	00:16.24	00:20.01	00:20.19	(00:20.25)
79	14	65	Trabert, Leon	120	Trikids TuS Ahrweile	D	2002	MJ U18	00:05.05	00:08.45	00:12.36	00:16.26	00:20.02	00:20.23	(00:20.28)
80	5	66	Willems, Tobias	190	Team Custom Cycling	D	1995	MJ U20	00:04.59	00:08.39	00:12.26	00:16.18	00:20.02	00:20.24	(00:20.28)
81	11	67	Raueiser, Peter	267	TV-Cochem	D	1969	M45	00:05.24	00:09.07	00:12.48	00:16.29	00:20.05	00:20.26	(00:20.31)
82	3	15	Marinus, Julia	239	TuS Kaisersesch	D	2000	WJ U18	00:05.14	00:08.55	00:12.39	00:16.25	00:20.06	00:20.28	(00:20.30)
83	15	68	STABEL, Mathias	144	LG HSC GAMLEN-RSC UN	D	1998	MJ U18	00:05.15	00:08.51	00:12.37	00:16.26	00:20.10	00:20.32	(00:20.37)
84	12	69	Torbati, Parvis	123	LG Laacher See	D	1966	M45	00:05.23	00:09.05	00:12.51	00:16.34	00:20.12	00:20.36	(00:20.38)
85	7	70	Stöckel, Carsten	113	LT Schweich	D	1971	M40	00:05.27	00:09.06	00:12.47	00:16.36	00:20.16	00:20.36	(00:20.43)
86	4	71	Reinhold, Michael	151	LT Schweich	D	1977	M35	00:05.25	00:09.05	00:12.48	00:16.37	00:20.18	00:20.38	(00:20.43)