

# Zell Adventslauf

## Gesamt Einlauf : 5 km Hauptlauf Genießer

Datum : 16.12.13 Zeit : 23:11:36 Seite : 1

Gesamt	Klasse	Gesch	Name	StartNr	Verein	Nat	Jg	Klasse	1+2. Rd	3. Rd	4. Rd	5. Rd	6. Rd	Zeit	(Brutto)
1	1	1	Betzler, Linda	201	LG Rhein-Wied	D	1992	W20	00:04.42	00:07.54	00:11.12	00:14.27	00:17.41	00:18.03	(00:18.03)
2	2	2	Schmitz, Nora	232	PST-Trier	D	1992	W20	00:04.57	00:08.15	00:11.39	00:14.58	00:18.18	00:18.40	(00:18.40)
3	1	3	Martens, Vera	207	Spiridon Frankfurt	D	1969	W40	00:04.58	00:08.20	00:11.44	00:15.08	00:18.30	00:18.52	(00:18.52)
4	2	4	Schenk, Dr. Karin	253	Spiridon Frankfurt	D	1973	W40	00:05.03	00:08.28	00:11.52	00:15.19	00:18.46	00:19.09	(00:19.09)
5	1	5	Kolberg, Majtie	425	Triathlon Tus Ahrwei	D	1999	WJ U18	00:05.03	00:08.32	00:12.02	00:15.35	00:18.58	00:19.17	(00:19.17)
6	3	6	WEILER, Liz	277	CA DUDELANGE	LUX	1991	W20	00:05.04	00:08.33	00:12.02	00:15.35	00:18.58	00:19.17	(00:19.17)
7	1	1	Westermann, Jonas	333	Silvesterlauf Trier	D	1998	MJ U18	00:05.04	00:08.28	00:11.55	00:15.27	00:18.58	00:19.19	(00:19.19)
8	1	2	Christian, Matthias	408	Swiss Life Triathlon	D	1972	M40	00:05.10	00:08.39	00:12.09	00:15.40	00:19.01	00:19.24	(00:19.25)
9	4	7	Friedrich, Kathrin	204	PST-Trier	D	1985	W20	00:05.11	00:08.39	00:12.09	00:15.41	00:19.10	00:19.34	(00:19.34)
10	5	8	Schmitt, Laura	208	LG Bernkastel-Wittli	D	1993	W20	00:05.13	00:08.43	00:12.17	00:15.51	00:19.17	00:19.37	(00:19.37)
11	1	3	Olk, Winfried	283	Silvesterlauf Trier	D	1966	M45	00:05.09	00:08.42	00:12.14	00:15.47	00:19.15	00:19.38	(00:19.38)
12	6	9	Dahlem, Jana	235	PST-Trier	D	1992	W20	00:05.14	00:08.45	00:12.18	00:15.52	00:19.21	00:19.43	(00:19.42)
13	1	4	Gode, Heiko	302	PST-Trier	D	1953	M60	00:05.19	00:08.55	00:12.30	00:16.02	00:19.33	00:19.56	(00:19.59)
14	1	5	Fußmann, Matthias	176	SC Bleialf	DE	1960	M50	00:05.32	00:09.03	00:12.39	00:16.14	00:19.39	00:20.01	(00:20.04)
15	2	6	Formella, Leon	416	TC Kerpen NRW	D	2002	MJ U18	00:05.21	00:08.56	00:12.32	00:16.05	00:19.42	00:20.04	(00:20.04)
16	3	10	Hilmes, Birthe	419	LG Meulenwald Föhren	D	1973	W40	00:05.16	00:08.48	00:12.27	00:16.05	00:19.42	00:20.07	(00:20.08)
17	2	7	Buchardt, Andrú	266	HORGAR'S KELTENKELLE	D	1966	M45	00:05.26	00:09.04	00:12.46	00:16.28	00:20.06	00:20.27	(00:20.27)
18	1	11	Ludwig, Isabell	409	VFL Traben-Trabach	D	1976	W35	00:05.23	00:09.05	00:12.46	00:16.28	00:20.10	00:20.34	(00:20.38)
19	1	12	Engel, Miri	431	TG Konz	D	1981	W30	00:05.34	00:09.15	00:13.00	00:16.43	00:20.26	00:20.51	(00:20.53)
20	1	8	Stadtfeld, Christian	223	Team Mittelmosel Tri	D	1982	M30	00:05.36	00:09.19	00:13.07	00:16.55	00:20.37	00:21.01	(00:21.01)
21	7	13	Schäfer, Sarah	231	PST-Trier	D	1984	W20	00:05.42	00:09.29	00:13.17	00:17.05	00:20.43	00:21.04	(00:21.04)
22	3	9	BERTRAM, Robin	406	LG HSC GAMLEN/RSC UN	D	1996	MJ U18	00:05.32	00:09.20	00:13.15	00:17.12	00:20.43	00:21.05	(00:21.06)
23	2	14	Marinus, Julia	258	TuS Kaisersesch	D	2000	WJ U18	00:05.17	00:09.05	00:12.55	00:16.48	00:20.41	00:21.07	(00:21.07)
24	2	10	Nick, Christoph	400	Team Horgar's Kelten	D	1971	M40	00:05.35	00:09.21	00:13.12	00:17.05	00:20.48	00:21.10	(00:21.11)
25	3	11	Raueiser, Peter	211	TV Cochem	GER	1969	M40	00:05.46	00:09.36	00:13.27	00:17.14	00:20.51	00:21.12	(00:21.14)
26	2	12	Schäfer, Daniel	215		D	1981	M30	00:05.28	00:09.13	00:13.03	00:16.56	00:20.50	00:21.14	(00:21.17)
27	1	13	Schmeißer, Marcus	399	Team Erdinger Alkoho	D	1985	M20	00:05.29	00:09.16	00:13.08	00:17.05	00:20.55	00:21.17	(00:21.17)
28	4	14	Hallebach, Stefan	263	Team Horgars Keltenk	D	1973	M40	00:05.34	00:09.22	00:13.12	00:17.06	00:20.55	00:21.19	(00:21.19)
29	3	15	OLBERMANN, Peter	309	LG HSC GAMLEN-RSC UN	D	1968	M45	00:05.24	00:09.09	00:13.01	00:17.00	00:20.54	00:21.19	(00:21.21)
30	2	16	Maas, Yannik	250	DJK Irrel	D	1993	M20	00:05.39	00:09.27	00:13.18	00:17.17	00:21.02	00:21.20	(00:21.22)
31	4	17	Roos, Jürgen	372		D	1965	M45	00:05.41	00:09.28	00:13.17	00:17.06	00:20.56	00:21.21	(00:21.25)
32	1	18	Bauer, Edgar	358	SV Wintrich	GER	1958	M55	00:05.36	00:09.28	00:13.18	00:17.10	00:21.01	00:21.25	(00:21.26)
33	3	19	Koppel, Christian	410		D	1979	M30	00:05.49	00:09.38	00:13.29	00:17.19	00:21.02	00:21.27	(00:21.29)
34	2	15	Minarski, Astrid	236	PST-Trier	D	1979	W30	00:05.41	00:09.29	00:13.18	00:17.10	00:21.05	00:21.31	(00:21.32)
35	2	16	Steuer, Caroline	262	Dienstaglatscher	D	1976	W35	00:05.46	00:09.35	00:13.26	00:17.20	00:21.08	00:21.32	(00:21.36)
36	5	20	Braun, Wolfram	256	LG Meulenwald Föhren	D	1965	M45	00:05.33	00:09.25	00:13.19	00:17.16	00:21.10	00:21.34	(00:21.35)
37	3	17	Yilmaz, Christine	305	LT Schweich	D	1976	W35	00:05.47	00:09.34	00:13.25	00:17.19	00:21.09	00:21.34	(00:21.41)
38	2	21	Boos, Horst	415	SC Bleialf	D	1958	M55	00:06.00	00:09.48	00:13.39	00:17.27	00:21.06	00:21.35	(00:21.40)
39	5	22	Engel, Dirk	279	LT Schweich	D	1970	M40	00:05.47	00:09.34	00:13.24	00:17.19	00:21.09	00:21.35	(00:21.41)
40	1	18	Helm- Schatilow, Irina	365	SV 1919 Sonsbeck e.V	D	1963	W50	00:05.42	00:09.32	00:13.27	00:17.22	00:21.11	00:21.37	(00:21.37)
41	4	23	Steffens, Peter	367		D	1999	MJ U18	00:05.38	00:09.30	00:13.29	00:17.34	00:21.21	00:21.40	(00:21.40)
42	4	19	Thein, Stefanie	424		D	1972	W40	00:05.49	00:09.41	00:13.31	00:17.29	00:21.17	00:21.41	(00:21.48)
43	6	24	Scholz, Wolfgang	319	Meddys LWT Koblenz	D	1965	M45	00:05.44	00:09.34	00:13.27	00:17.25	00:21.16	00:21.42	(00:21.43)
44	7	25	Lührs, Oliver	214	Team Erdinger Alkoho	D	1967	M45	00:05.50	00:09.42	00:13.38	00:17.33	00:21.23	00:21.45	(00:21.51)
45	6	26	Diederichs, Paul	314	Pfarreien Zeller Ham	D	1969	M40	00:05.54	00:09.46	00:13.43	00:17.38	00:21.28	00:21.48	(00:21.53)
46	2	27	Burkowsky, Michael	421	TSV Bullay Alf	D	1962	M50	00:05.48	00:09.44	00:13.41	00:17.39	00:21.28	00:21.50	(00:21.51)
47	8	28	Heimes, Stefan	261	LG Maifeld-Pellenz	D	1968	M45	00:05.44	00:09.38	00:13.32	00:17.31	00:21.24	00:21.53	(00:21.57)

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48	3	29	Grundheber, Heinz	243	LT Schweich	D	1962	M50	00:05.59	00:09.51	00:13.43	00:17.36	00:21.30	00:21.57	(00:22.04)
49	3	30	Vogel, Harald	238	LT Schweich	D	1957	M55	00:05.59	00:09.52	00:13.43	00:17.37	00:21.31	00:21.58	(00:22.05)
50	7	31	Kneer, Bernd	281	Tri Post Trier	D	1970	M40	00:06.03	00:09.57	00:13.52	00:17.46	00:21.38	00:21.59	(00:22.07)
51	5	32	JeandrÛe, Miguel	359	ASV Ahrweiler	D	1996	MJ U18	00:05.59	00:09.40	00:13.38	00:17.46	00:21.40	00:21.59	(00:22.07)
52	9	33	Kletke, Ernst	312	TG Konz	D	1966	M45	00:05.49	00:09.42	00:13.38	00:17.36	00:21.34	00:22.00	(00:22.01)
53	4	34	Rukke, Elling	255	Norwegen	NOR	1955	M55	00:07.32	00:12.12	00:16.55	00:21.32	00:22.01	00:22.01	(00:22.14)
54	4	35	Schäfer, Peter	356	LT TuS Platten	D	1962	M50	00:05.48	00:09.49	00:13.49	00:17.49	00:21.40	00:22.05	(00:22.05)
55	4	36	Nikolay, Markus	428	X-Sport Kastellaun	D	1980	M30	00:05.56	00:09.54	00:13.50	00:17.47	00:21.44	00:22.09	(00:22.18)
56	5	37	Barten, Hermann	284	LT BÛdlich-Breit-Nau	D	1957	M55	00:05.47	00:09.46	00:13.46	00:17.47	00:21.46	00:22.13	(00:22.16)
57	3	38	Klee, Marcel	289		D	1992	M20	00:05.54	00:10.00	00:14.01	00:18.03	00:21.53	00:22.16	(00:22.21)
58	2	20	Haas, Marion	249	LG Meulenwald Föhren		1963	W50	00:05.39	00:09.32	00:13.35	00:17.44	00:21.49	00:22.17	(00:22.18)
59	4	39	Ehlen, Christopher	219		D	1987	M20	00:05.56	00:09.58	00:14.00	00:18.04	00:21.57	00:22.23	(00:22.29)
60	5	40	Hendges, Winfried	229	LA-TUS-Mayen	D	1959	M50	00:05.48	00:09.50	00:13.54	00:18.02	00:22.04	00:22.26	(00:22.28)
61	1	41	Schütz, Mario	287	TuS Bengel	D	1975	M35	00:06.01	00:10.05	00:14.03	00:18.09	00:22.04	00:22.26	(00:22.36)
62	10	42	Kuche, Rene	370	Red Rock Runners Bad	D	1967	M45	00:05.54	00:09.54	00:13.54	00:17.59	00:22.06	00:22.33	(00:22.41)
63	6	43	Adams, Raimund	398	Hunsrück Marathon e.	DEU	1960	M50	00:05.43	00:09.45	00:13.49	00:17.59	00:22.06	00:22.34	(00:22.36)
64	11	44	Geiter, Ralf	225		D	1964	M45	00:05.52	00:09.53	00:14.03	00:18.06	00:22.10	00:22.35	(00:22.37)
65	5	45	Etges, Daniel	426	Spfr. Mastershausen	D	1987	M20	00:05.49	00:09.58	00:14.15	00:18.22	00:22.13	00:22.36	(00:22.46)
66	4	21	Kappel, Christina	296	Irmenach	D	1977	W35	00:05.58	00:09.57	00:13.57	00:18.01	00:22.07	00:22.36	(00:22.39)
67	5	46	Croeff, Jens	387	SG Bremm	D	1979	M30	00:05.50	00:09.50	00:13.51	00:18.01	00:22.13	00:22.37	(00:22.38)
68	8	47	Schröder, Michael	386	Team Mittelmosel Tri	D	1970	M40	00:06.13	00:10.20	00:14.23	00:18.29	00:22.18	00:22.40	(00:22.46)
69	6	48	Esser, Tobias	297	BSG Continentale	D	1980	M30	00:06.05	00:10.08	00:14.15	00:18.21	00:22.21	00:22.42	(00:22.53)
70	12	49	Knoerchen, Jürgen	299		D	1967	M45	00:05.58	00:10.06	00:14.16	00:18.25	00:22.20	00:22.43	(00:22.43)
71	2	50	Werner, Wirtz	363		D	1949	M60	00:05.47	00:09.44	00:13.55	00:18.06	00:22.19	00:22.45	(00:22.49)
72	7	51	Willert, Markus	437	SV Weidenbach	D	1981	M30	00:05.56	00:10.03	00:14.13	00:18.27	00:22.27	00:22.53	(00:22.55)
73	6	52	Knauf, Josef	274	SC Bleialf	D	1955	M55	00:06.07	00:10.11	00:14.17	00:18.24	00:22.30	00:22.55	(00:23.01)
74	3	22	Elsen, Annika	286	TuS Bengel	D	2000	WJ U18	00:05.55	00:10.02	00:14.10	00:18.20	00:22.35	00:22.57	(00:22.58)
75	6	53	Michels, Fabio	357	VfR Simmern	D	2002	MJ U18	00:06.14	00:10.26	00:14.33	00:18.42	00:22.36	00:23.00	(00:23.04)
76	7	54	Olbermann, Julian	390	TV Cochem	GER	2001	MJ U18	00:06.01	00:10.08	00:14.19	00:18.36	00:22.38	00:23.00	(00:23.00)
77	8	55	Fix, Uwe	221	TV Cochem	GER	1998	MJ U18	00:06.01	00:10.07	00:14.19	00:18.36	00:22.38	00:23.01	(00:23.01)
78	9	56	Martin, Freddy	224	X-Sport Kastellaun	D	1973	M40	00:05.46	00:09.48	00:14.00	00:18.20	00:22.43	00:23.10	(00:23.13)
79	13	57	Jost, Jürgen	252	Vulkanläufer	D	1964	M45	00:05.53	00:10.01	00:14.15	00:18.34	00:22.46	00:23.13	(00:23.18)
80	14	58	Hickethier, Jörg	241	TV Waldstraße Wiesba	D	1967	M45	00:05.57	00:10.05	00:14.16	00:18.31	00:22.49	00:23.15	(00:23.15)
81	3	23	Klaus, Klaudia	318	LT Schweich	D	1961	W50	00:06.05	00:10.14	00:14.26	00:18.37	00:22.50	00:23.17	(00:23.23)
82	15	59	Jeandree, Peter	244	Selbstläufer SV Alte	D	1964	M45	00:06.22	00:10.31	00:14.41	00:18.54	00:23.01	00:23.23	(00:23.32)
83	6	60	Schäfer, Robin	433	SV 1919 Sonsbeck e.V	D	1992	M20	00:06.16	00:10.44	00:14.37	00:18.49	00:23.24	00:23.24	(00:23.27)
84	1	61	Meixner, Dieter	271	1. FC Kaiserslautern	GER	1944	M65	00:06.15	00:10.21	00:14.30	00:18.45	00:22.57	00:23.25	(00:23.30)
85	5	24	van Leyen, Melanie	362	SV 1919 Sonsbeck e.V	D	1976	W35	00:06.16	00:10.29	00:14.39	00:18.50	00:22.57	00:23.26	(00:23.26)
86	7	62	Schäfer, Jürgen	376	SV 1919 Sonsbeck e.V	D	1957	M55	00:06.16	00:10.29	00:14.39	00:18.50	00:22.57	00:23.26	(00:23.26)
87	6	25	Hees, Tanja	294	TuS Laubach	D	1975	W35	00:06.20	00:10.33	00:14.48	00:18.57	00:23.02	00:23.27	(00:23.34)
88	1	26	Umbach, Inge	336	Vulkanläufer	D	1953	W60	00:06.19	00:10.29	00:14.43	00:18.53	00:23.02	00:23.29	(00:23.32)
89	5	27	Bakali, Michaela	405	SFG BernkastelKues	D	1972	W40	00:06.03	00:10.13	00:14.27	00:18.47	00:23.02	00:23.31	(00:23.34)
90	16	63	Henrich, Wolfgang	420		DE	1964	M45	00:06.13	00:10.27	00:14.42	00:18.53	00:23.05	00:23.32	(00:23.37)
91	8	64	Kranz, Christoph	392	DJK Wißmannsdorf	D	1955	M55	00:06.05	00:10.17	00:14.33	00:18.52	00:23.07	00:23.36	(00:23.36)
92	2	65	Ringel, Michael	395	LG Laacher See	D	1974	M35	00:05.56	00:10.08	00:14.25	00:18.49	00:23.09	00:23.38	(00:23.38)
93	1	28	Dahlem, Claudia	288	Lt Hetzerath	D	1964	W45	00:06.05	00:10.19	00:14.36	00:18.55	00:23.09	00:23.40	(00:23.44)
94	10	66	Pinscher, Thomas	217	TV Cochem	GER	1970	M40	00:06.22	00:10.38	00:14.56	00:19.12	00:23.32	00:23.59	(00:24.10)

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Gesamt	Klasse	Gesch	Name	StartNr	Verein	Nat	Jg	Klasse	1+2. Rd	3. Rd	4. Rd	5. Rd	6. Rd	Zeit	(Brutto)
95	17	67	Hüls, Remigius	228		D	1965	M45	00:06.19	00:10.37	00:14.59	00:19.24	00:23.40	00:24.09	(00:24.16)
96	18	68	Schmidt, Heiko	230		D	1968	M45	00:06.19	00:10.37	00:14.58	00:19.23	00:23.41	00:24.10	(00:24.16)
97	2	29	Liesenfeld, Ingrid	384	Verbandsgemeindeverw	D	1964	W45	00:06.22	00:10.45	00:15.07	00:19.29	00:23.44	00:24.12	(00:24.17)
98	9	69	Weis, Lukas	404	Team Mittelmosel Tri	D	1997	MJ U18	00:06.10	00:10.29	00:14.51	00:19.28	00:23.52	00:24.13	(00:24.13)
99	1	30	Bermes, Beatrix	290	Lt Mertesdorf	D	1955	W55	00:06.24	00:10.43	00:15.06	00:19.28	00:23.46	00:24.14	(00:24.18)
100	7	70	von Wirth, Dominik	334	TG Konz	D	1990	M20	00:00.00	00:00.00	00:00.00	00:00.00	00:00.00	00:24.14	(00:24.19)
101	10	71	Reuter, Timo	341	SV Spay	D	2002	MJ U18	00:06.28	00:10.53	00:15.19	00:19.49	00:23.58	00:24.22	(00:24.29)
102	7	72	Hower, Horst	361	LT TuS Platten	D	1960	M50	00:06.33	00:10.50	00:15.08	00:19.31	00:23.53	00:24.24	(00:24.37)
103	4	31	Djirsarai, Mailin	422	Triathlon Tus Ahrwei	D	1998	WJ U18	00:05.57	00:10.14	00:14.48	00:19.29	00:23.58	00:24.25	(00:24.25)
104	19	73	Althoff, Michael	304	TuS Bengel	D	1966	M45	00:06.36	00:11.07	00:15.38	00:20.01	00:24.05	00:24.26	(00:24.40)
105	8	32	MAUS, Sarah	270	CA DUDELANGE	LUX	1988	W20	00:06.19	00:10.37	00:15.07	00:19.38	00:24.06	00:24.37	(00:24.42)
106	5	33	Elsen, Katharina	432		D	1998	WJ U18	00:06.26	00:10.54	00:15.22	00:19.43	00:24.04	00:24.38	(00:24.39)
107	8	74	Knauf, Jonas	273	SC Bleialf	D	1993	M20	00:06.28	00:10.55	00:15.26	00:20.01	00:24.23	00:24.40	(00:24.48)
108	6	34	Schiefelbein, Daria	348	TV Cochem	GER	2000	WJ U18	00:06.35	00:11.06	00:15.43	00:20.10	00:24.17	00:24.43	(00:24.43)
109	20	75	Orth, Herrmann	315	TuS Bengel	D	1966	M45	00:06.46	00:11.17	00:15.43	00:20.07	00:24.17	00:24.46	(00:24.56)
110	3	35	Reuter, Andrea	332	SSV Pfaffenheck 81	D	1968	W45	00:06.28	00:10.53	00:15.19	00:19.49	00:24.18	00:24.47	(00:24.53)
111	11	76	Schiffels, Peter	259	LG Langsur	D	1972	M40	00:06.38	00:11.05	00:15.32	00:19.59	00:24.25	00:24.55	(00:25.03)
112	4	36	Bruns, Hildegard	278	LG Langsur	D	1966	W45	00:06.39	00:11.05	00:15.32	00:19.59	00:24.26	00:24.55	(00:25.03)
113	12	77	Rodermond, Thomas	434	SV 1919 Sonsbeck e.V	D	1969	M40	00:06.28	00:10.56	00:15.28	00:20.05	00:24.35	00:25.02	(00:25.08)
114	9	78	Hansen, Johannes	349	Lauftreff Lützkampen	D	1984	M20	00:06.46	00:11.18	00:15.45	00:20.19	00:24.37	00:25.03	(00:25.15)
115	7	37	Höllner, Karina	435	KSV Keoelaer	D	1997	WJ U18	00:06.16	00:10.44	00:15.31	00:20.09	00:24.39	00:25.03	(00:25.05)
116	21	79	Hofmann, Friedhelm	430	DLR Simmern	D	1965	M45	00:06.50	00:11.18	00:15.44	00:20.10	00:24.34	00:25.04	(00:25.17)
117	1	80	Viert, Wolfgang	257			1941	M70	00:06.30	00:10.56	00:15.25	00:19.58	00:24.32	00:25.05	(00:25.09)
118	9	81	Heber, Dieter	436		D	1955	M55	00:06.31	00:10.56	00:15.29	00:20.06	00:24.44	00:25.10	(00:25.23)
119	22	82	Göbel, Rainer	423	X-Sport Kastellaun	D	1965	M45	00:06.32	00:11.04	00:15.42	00:20.18	00:24.48	00:25.11	(00:25.19)
120	11	83	Hees, Patrick	322	TuS Laubach	D	2003	MJ U18	00:06.32	00:11.05	00:15.43	00:20.18	00:24.49	00:25.12	(00:25.20)
121	9	38	Nick, Stefanie	375	TuS Laubach	D	1988	W20	00:06.31	00:11.00	00:15.34	00:20.12	00:24.45	00:25.13	(00:25.18)
122	8	84	Laumers, Michael	216	SC Bleialf Genießer	D	1980	M30	00:06.44	00:11.15	00:15.48	00:20.23	00:24.44	00:25.15	(00:25.23)
123	10	85	Nick, Ewald	344	TuS Laubach	D	1954	M55	00:06.32	00:11.00	00:15.34	00:20.13	00:24.50	00:25.19	(00:25.24)
124	9	86	Thelen, Jörg	233	LG Pronsfeld-Lünebac	D	1983	M30	00:06.49	00:11.20	00:15.54	00:20.27	00:24.49	00:25.20	(00:25.23)
125	11	87	Goerke, Karl Heinz	300	TV Weisel 1912 e.V.	D	1954	M55	00:06.29	00:11.02	00:15.39	00:20.17	00:24.50	00:25.21	(00:25.26)
126	8	39	Molna, Johanna	417	TUS Ahrweiler	D	1998	WJ U18	00:06.22	00:10.53	00:15.27	00:20.14	00:24.59	00:25.23	(00:25.23)
127	2	88	Mootz, Werner	378	LTF Köllertal	GER	1942	M70	00:06.58	00:11.31	00:16.02	00:20.35	00:25.02	00:25.33	(00:25.40)
128	12	89	Schulz, Heinz	401		D	1958	M55	00:06.58	00:11.30	00:16.08	00:20.52	00:25.20	00:25.45	(00:25.53)
129	10	90	Schmitt, Matthias	440			1988	M20	00:06.34	00:11.00	00:15.36	00:20.13	00:25.12	00:25.46	(00:25.51)
130	2	91	Theißen, Paul	226	SC Kall	D	1947	M65	00:06.40	00:11.17	00:15.57	00:20.35	00:25.17	00:25.50	(00:25.58)
131	8	92	Nilles, Peter	316		D	1959	M50	00:06.44	00:11.18	00:15.53	00:20.36	00:25.24	00:25.54	(00:26.04)
132	7	40	Schön, Angelika	310	TuS Bengel	D	1976	W35	00:06.53	00:11.29	00:16.10	00:21.00	00:25.40	00:26.04	(00:26.12)
133	3	93	Schmitz, Karl-Heinz	212	TV Cochem	GER	1943	M70	00:06.56	00:11.44	00:16.26	00:21.09	00:25.47	00:26.15	(00:26.26)
134	10	41	Heber, Anne	438	SV Weidenbach	GER	1985	W20	00:07.02	00:11.44	00:16.33	00:21.17	00:25.46	00:26.15	(00:26.28)
135	8	42	Künzer, Sandra	414		DE	1976	W35	00:06.41	00:11.23	00:16.12	00:21.05	00:25.54	00:26.20	(00:26.23)
136	2	43	Mann, Irmgard	368	TV Bitburg	D	1950	W60	00:06.58	00:11.46	00:16.34	00:21.18	00:25.56	00:26.21	(00:26.22)
137	11	94	Goldschmidt, Alexander	218	SV Zell	D	1993	M20	00:07.15	00:12.16	00:17.01	00:21.45	00:26.02	00:26.26	(00:26.31)
138	4	44	Simonis, Katja	364	Verbandsgemeindeverw		1961	W50	00:08.03	00:13.57	00:19.58	00:25.52	00:26.26	00:26.26	(00:26.29)
139	5	45	Schoebel, Heike	377	Red Rock Runners Bad	D	1960	W50	00:07.12	00:11.58	00:16.52	00:21.35	00:26.07	00:26.39	(00:26.47)
140	5	46	Hower, Claudia	335	LT TuS Platten	D	1965	W45	00:06.59	00:11.43	00:16.31	00:21.22	00:26.09	00:26.41	(00:26.54)
141	6	47	Göhl, Andrea	373		D	1970	W40	00:06.49	00:11.31	00:16.21	00:21.16	00:26.09	00:26.43	(00:26.51)

**Zell Adventslauf**  
**Gesamt Einlauf : 5 km Hauptlauf Genießer**

**Datum : 16.12.13 Zeit : 23:11:36 Seite : 4**

Gesamt	Klasse	Gesch	Name	StartNr	Verein	Nat	Jg	Klasse	1+2. Rd	3. Rd	4. Rd	5. Rd	6. Rd	Zeit	(Brutto)
142	13	95	Giesenkirchen, Winfried	350	ABG Reifen Team	D	1954	M55	00:07.02	00:11.48	00:16.32	00:21.21	00:26.10	00:26.43	(00:26.54)
143	23	96	Ames, Jürgen	240		D	1967	M45	00:07.09	00:11.58	00:16.51	00:21.36	00:26.16	00:26.45	(00:26.56)
144	3	97	Thielen, Herbert	339	Der TV bewegt	D	1948	M65	00:07.10	00:11.55	00:16.47	00:21.35	00:26.20	00:26.51	(00:27.07)
145	12	98	Schmidt, David	298		D	1989	M20	00:06.31	00:11.39	00:16.43	00:21.42	00:26.31	00:26.53	(00:26.55)
146	7	48	Heimes, Melanie	439	LG Maifeld/Pellenz	DE	1970	W40	00:07.05	00:11.48	00:16.36	00:21.32	00:26.27	00:26.59	(00:27.05)
147	8	49	Scherrer, Katja	391	Sparkasse Mittelmoose	D	1971	W40	00:07.11	00:12.03	00:16.55	00:21.44	00:26.35	00:27.03	(00:27.09)
148	12	99	Bertram, Andreas	355	Veldenzer Moselläufe	D	2000	MJ U18	00:07.01	00:11.53	00:17.04	00:22.08	00:26.51	00:27.21	(00:27.21)
149	2	50	Hölzer, Karin	429	Red Rock Runners Bad	D	1956	W55	00:07.12	00:11.58	00:16.53	00:21.41	00:26.50	00:27.23	(00:27.31)
150	11	51	Roth, Caroline	397	Lg Pronsfeld-Lünebac	D	1986	W20	00:07.35	00:12.30	00:17.21	00:22.14	00:26.58	00:27.31	(00:27.43)
151	6	52	Jost, Margit	321	Vulkanläufer	D	1961	W50	00:07.19	00:12.19	00:17.23	00:22.27	00:27.23	00:27.56	(00:27.59)
152	13	100	Hees, Andre	323	TuS Laubach	D	2003	MJ U18	00:06.46	00:11.53	00:16.52	00:22.16	00:27.29	00:28.03	(00:28.10)
153	9	53	Koep, Julia	327	Allianz	D	1997	WJ U18	00:07.37	00:12.40	00:17.44	00:22.49	00:28.06	00:28.32	(00:28.44)
154	3	101	Andre, Stephan	345	Allianz	D	1974	M35	00:07.37	00:12.40	00:17.45	00:22.50	00:28.07	00:28.32	(00:28.44)
155	3	54	Valen, Marit	254	Norwegen	NOR	1956	W55	00:07.38	00:12.40	00:17.46	00:22.56	00:28.08	00:28.38	(00:28.51)
156	9	55	Lenz, Heike	394	Verbandsgemeindeverw	D	1972	W40	00:07.21	00:12.24	00:17.37	00:23.00	00:28.19	00:28.46	(00:28.50)
157	13	102	Heinl, Roman	347		D	1971	M40	00:07.36	00:12.39	00:17.56	00:23.12	00:28.25	00:29.00	(00:29.10)
158	3	103	Jahnz, Klaus	393	LG Laacher See	D	1949	M60	00:07.28	00:12.33	00:17.42	00:23.01	00:28.35	00:29.12	(00:29.25)
159	12	56	Ahnen, Andrea	285		D	1990	W20	00:07.45	00:12.50	00:18.02	00:23.28	00:28.55	00:29.25	(00:29.38)
160	14	104	Kreins, Lukas	407	SC Bleialf	D	2004	MJ U18	00:07.14	00:12.31	00:17.56	00:23.55	00:29.19	00:29.49	(00:29.58)
161	13	57	Schamberger, Helene	354	Verbandsgemeindeverw	D	1989	W20	00:09.05	00:16.09	00:23.21	00:29.45	00:30.14	00:30.14	(00:30.17)
162	14	58	Umscheiden, Verena	371	Verbandsgemeindeverw	D	1987	W20	00:09.05	00:16.08	00:23.20	00:29.51	00:30.25	00:30.25	(00:30.29)
163	14	105	Krämer, Thomas	280		D	1970	M40	00:08.22	00:13.59	00:19.27	00:24.50	00:30.06	00:30.35	(00:30.46)
164	15	106	Riek, Louis	247		D	2001	MJ U18	00:07.23	00:12.36	00:18.08	00:24.02	00:30.15	00:30.44	(00:30.44)
165	9	107	Schiefelbein, Ralf	411		D	1959	M50	00:08.30	00:14.11	00:19.47	00:25.30	00:31.05	00:31.39	(00:31.41)
166	24	108	Behrens, Nils	413	Greimersburg	D	1964	M45	00:08.30	00:14.11	00:19.46	00:25.30	00:31.05	00:31.40	(00:31.41)
167	13	109	Schmidt, Jürgen	292	Longkamp	D	1990	M20	00:07.35	00:13.34	00:19.29	00:26.08	00:31.23	00:31.49	(00:31.52)
168	9	59	Bremm, Doris	389		D	1977	W35	00:09.08	00:15.11	00:21.19	00:27.21	00:33.10	00:33.45	(00:33.54)
169	4	110	Michel, Helmut	269		D	1939	M70	00:09.07	00:15.19	00:21.31	00:27.48	00:33.39	00:34.11	(00:34.23)
170	1	111	Meyer, Otto	366		D	1937	M75	00:09.09	00:15.13	00:21.23	00:27.36	00:33.46	00:34.22	(00:34.37)
171	6	60	Weirich, Stefanie	382	Sparkasse Mittelmoose	D	1965	W45	00:09.15	00:15.35	00:21.55	00:28.05	00:34.13	00:34.48	(00:34.54)
172	7	61	Weirich, Klaus	353	Sparkasse Mittelmoose	D	1962	W50	00:09.15	00:15.36	00:21.56	00:28.06	00:34.13	00:34.48	(00:34.54)
173	15	62	Beck, Sandra	329		D	1987	W20	00:08.49	00:15.10	00:21.48	00:28.38	00:35.11	00:35.48	(00:35.58)
174	16	63	Scharf, Theresa	381		D	1988	W20	00:08.49	00:15.11	00:21.49	00:28.38	00:35.11	00:35.50	(00:35.59)
175	10	64	Engel, Emma	360	Silvesterlauf Trier	D	2002	WJ U18	00:11.20	00:19.33	00:28.40	00:37.16	00:45.52	00:46.31	(00:46.46)
176	11	65	Rentier, Resi	338	Silvesterlauf Trier	D	2002	WJ U18	00:11.27	00:19.32	00:28.41	00:37.16	00:45.51	00:46.31	(00:46.46)
177	12	66	Rentier, Rudolf	374	Silvesterlauf Trier	D	2002	WJ U18	00:11.20	00:19.35	00:28.41	00:37.16	00:45.51	00:46.31	(00:46.46)
178	13	67	Rentier, Rolfi	346	Silvesterlauf Trier	D	2002	WJ U18	00:11.25	00:19.32	00:28.41	00:37.16	00:46.20	00:47.10	(00:47.25)
179	1	112	Weihnachtsmann, Nikolaus	385	Vom Himmel hoch		2012	M??	00:11.25	00:19.32	00:28.41	00:37.16	00:46.21	00:47.11	(00:47.27)
180	25	113	König, Thomas	402	LT Mertesdorf 2001 e	D	1966	M45	00:12.15	00:20.40	00:29.18	00:38.15	00:46.51	00:47.31	(00:47.48)
181	2	114	Haubrich, Günther	999	LT 2001 Mertesdorf	D	1936	M75	00:12.21	00:20.46	00:29.23	00:38.21	00:46.54	00:47.34	(00:47.46)