

# 6. Zeller Adventslauf

## Gesamt Einlauf : 5 km Zeller Adventslauf

Datum : 18.12.09 Zeit : 10:55:10 Seite : 1

Gesamt	Klasse	Gesch	Name	StartNr	Verein	Nat	Jg	Klasse	1+2. Rd	3. Rd	4. Rd	5. Rd	6. Rd	Zeit	(Brutto)
1	1	1	Schmitz, Christian	100	LG Maifeld-Pellenz		1983	M20	00:03.58	00:06.35	00:09.14	00:11.55	00:14.32	00:14.45	(00:00.00)
2	1	2	Kowalinski, Marc	101	PST Trier		1978	M30	00:03.55	00:06.33	00:09.13	00:11.53	00:14.32	00:14.48	(00:00.00)
3	2	3	Patzke, Hannes	162	Running Team Hahn		1985	M20	00:03.59	00:06.39	00:09.23	00:12.13	00:14.59	00:15.15	(00:00.00)
4	3	4	Pfeil, Michael	198	LG Vulkaneifel	D	1984	M20	00:04.13	00:06.59	00:09.46	00:12.35	00:15.18	00:15.34	(00:00.00)
5	1	5	Werhan, Dominik	102	PST Trier		1993	M16	00:04.13	00:07.03	00:09.49	00:12.42	00:15.31	00:15.46	(00:00.00)
6	4	6	Schuff, Carlo	199	PST Trier	D	1980	M20	00:04.13	00:07.04	00:09.58	00:12.52	00:15.41	00:15.55	(00:00.00)
7	5	7	Wallebohr, Martin	196	Gerolsteiner LGV	D	1983	M20	00:04.17	00:07.10	00:10.04	00:13.01	00:15.56	00:16.10	(00:00.00)
8	2	8	Rötsch, Christian	165	Hunsrück-Marathon e.		1978	M30	00:04.14	00:07.10	00:10.04	00:13.03	00:15.59	00:16.14	(00:00.00)
9	2	9	JeandrŰe, Julien	114	LG Kreis Ahrweiler		1994	M16	00:04.14	00:07.10	00:10.07	00:13.07	00:16.00	00:16.16	(00:00.00)
10	3	10	Cocker, Kenton	105	LG Kreis Ahrweiler		1992	M16	00:00.00	00:00.00	00:00.00	00:00.00	00:00.00	00:16.18	(00:00.00)
11	4	11	Theis, Lucas	108	PST Trier		1993	M16	00:04.15	00:07.14	00:10.17	00:13.23	00:16.20	00:16.33	(00:00.00)
12	6	12	Olert, Dennis	197	LG Vulkaneifel	D	1980	M20	00:04.17	00:07.14	00:10.14	00:13.16	00:16.17	00:16.34	(00:00.00)
13	5	13	Knüttel, Marcel	107	PST Trier		1993	M16	00:04.19	00:07.20	00:10.22	00:13.25	00:16.21	00:16.36	(00:00.00)
14	1	14	Möller, Jonah	139	SV 1919 Sonsbeck e.V		1990	M18	00:04.19	00:07.19	00:10.22	00:13.27	00:16.23	00:16.37	(00:00.00)
15	1	15	Guenard, Gaetan Claude	121	PSV Wengerohr		1969	M40	00:04.28	00:07.27	00:10.30	00:13.36	00:16.38	00:16.56	(00:00.00)
16	6	16	Bock, Alexander	111	PST Trier		1992	M16	00:04.19	00:07.19	00:10.23	00:13.31	00:16.40	00:16.56	(00:00.00)
17	7	17	Layendecker, Per	440	RSC Untermosel	D	1981	M20	00:04.32	00:07.35	00:10.39	00:13.44	00:16.42	00:16.56	(00:00.00)
18	1	18	Honsdorf, Uwe	442	Rot-Weiß Koblenz	D	1963	M45	00:04.34	00:07.37	00:10.41	00:13.45	00:16.46	00:17.05	(00:00.00)
19	7	19	Bock, Christian	148	LG Maifeld-Pellenz		1992	M16	00:04.27	00:07.32	00:10.34	00:13.44	00:16.48	00:17.05	(00:00.00)
20	2	20	Kirschey, Thomas	181	BBC Koblenz-Horchhei		1961	M45	00:04.36	00:07.41	00:10.43	00:13.51	00:16.56	00:17.14	(00:00.00)
21	8	21	Westerhausen, Thomas	167	Running Team Hahn		1984	M20	00:04.29	00:07.34	00:10.47	00:13.55	00:17.00	00:17.16	(00:00.00)
22	1	22	Körin, Alexander	133	LT Schweich		1974	M35	00:04.35	00:07.43	00:10.53	00:14.05	00:17.11	00:17.26	(00:00.00)
23	9	23	Götz, Benjamin	195	LG Vulkaneifel	D	1986	M20	00:04.33	00:07.38	00:10.49	00:14.02	00:17.09	00:17.26	(00:00.00)
24	2	24	von Wirth, Dominik	134	TG Konz		1990	M18	00:04.35	00:07.43	00:10.55	00:14.05	00:17.15	00:17.28	(00:00.00)
25	8	25	Schäfer, Robin	106	SV 1919 Sonsbeck e.V		1992	M16	00:04.34	00:07.43	00:11.01	00:14.13	00:17.15	00:17.29	(00:00.00)
26	2	26	Hahn, Frank	166	Running Team Hahn		1966	M40	00:04.37	00:07.41	00:10.51	00:14.02	00:17.18	00:17.35	(00:00.00)
27	2	27	Schmitz, Frank	180	Ferschweiler Plateau		1970	M35	00:04.34	00:07.42	00:10.55	00:14.11	00:17.22	00:17.41	(00:00.00)
28	9	28	Theobald, Awd rűas	429	Post-Sport-Telekom T	D	1993	M16	00:04.30	00:07.40	00:10.56	00:14.11	00:17.30	00:17.47	(00:00.00)
29	3	29	Nolles, Alwin	141	RT Südeifel		1963	M45	00:04.35	00:07.46	00:11.01	00:14.15	00:17.29	00:17.49	(00:00.00)
30	10	30	Ernsdorf, Thomas	137	LT Schweich		1984	M20	00:04.34	00:07.44	00:11.01	00:14.18	00:17.35	00:17.51	(00:00.00)
31	11	31	Hergenrűoder, Andre	122	Physiotherapie Hebel		1982	M20	00:04.49	00:08.05	00:11.16	00:14.26	00:17.34	00:17.51	(00:00.00)
32	1	32	Schűmmer, Horst	110	FC Neuhof		1958	M50	00:04.36	00:07.50	00:11.06	00:14.27	00:17.41	00:17.58	(00:00.00)
33	1	1	Heinig, Katharina	422	LG Eintracht Frankfu	D	1989	W20	00:04.55	00:08.14	00:11.33	00:14.47	00:17.53	00:18.10	(00:00.00)
34	4	33	Schmitt, Stefan	112	Team Zeppelin Műlhei		1964	M45	00:04.39	00:07.57	00:11.16	00:14.33	00:17.53	00:18.12	(00:00.00)
35	3	34	Bertram, Timo	171	RSC Untermosel		1975	M30	00:04.55	00:08.13	00:11.27	00:14.42	00:17.55	00:18.13	(00:00.00)
36	3	35	Otto, Nils	140	LG Vulkaneifel		1990	M18	00:04.39	00:07.57	00:11.18	00:14.41	00:18.01	00:18.17	(00:00.00)
37	10	36	Maas, Yannik	153	DJK Irrel		1993	M16	00:04.51	00:08.11	00:11.32	00:14.57	00:18.08	00:18.22	(00:00.00)
38	3	37	Caspar, Markus	158	X - SPORT KASTELLAUN		1965	M40	00:04.48	00:08.06	00:11.28	00:14.47	00:18.05	00:18.22	(00:00.00)
39	4	38	Wecker, Lukas	423	FZM Valwigerberg	GER	1991	M18	00:04.42	00:08.03	00:11.25	00:14.49	00:18.06	00:18.22	(00:00.00)
40	1	2	Betzler, Linda	201	PST Trier		1992	W16	00:04.54	00:08.14	00:11.34	00:14.50	00:18.11	00:18.31	(00:00.00)
41	11	39	Pauli, Benedikt	175	PSV Wengerohr		1993	M16	00:04.44	00:08.07	00:11.29	00:14.57	00:18.11	00:18.31	(00:00.00)
42	5	40	Burgmer, Martin	176	SV Lieg		1962	M45	00:04.57	00:08.15	00:11.35	00:14.59	00:18.15	00:18.32	(00:00.00)
43	12	41	Gödert, Alexander	125	LaTUS Mayen, Műnteni		1994	M16	00:04.49	00:08.04	00:11.27	00:14.53	00:18.17	00:18.33	(00:00.00)
44	2	42	De Giorgi, Giovanni	123	LTF-Marpingen		1958	M50	00:04.56	00:08.19	00:11.41	00:15.04	00:18.18	00:18.35	(00:00.00)
45	3	43	Beck, Oliver	159	RSC Untermosel		1970	M35	00:04.56	00:08.14	00:11.37	00:14.59	00:18.19	00:18.37	(00:00.00)
46	5	44	Kallenberg, Sebastian	135	LG Vulkaneifel		1990	M18	00:04.47	00:08.06	00:11.33	00:15.05	00:18.27	00:18.47	(00:00.00)
47	12	45	Stadtfeld *, Christian	433	MMT 2010	GER	1982	M20	00:04.57	00:08.22	00:11.57	00:15.23	00:18.29	00:18.49	(00:00.00)

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Gesamt	Klasse	Gesch	Name	StartNr	Verein	Nat	Jg	Klasse	1+2. Rd	3. Rd	4. Rd	5. Rd	6. Rd	Zeit	(Brutto)
48	13	46	Molitor, Carsten	445	LT TUS Platten	DEU	1980	M20	00:04.52	00:08.11	00:11.35	00:15.06	00:18.36	00:18.53	(00:00.00)
49	4	47	Bertram, Dirk	182	RSC Untermosel		1970	M35	00:05.08	00:08.34	00:12.02	00:15.24	00:18.39	00:18.54	(00:00.00)
50	4	48	Pauli, Jörg	160	mtb club zell cannon		1968	M40	00:04.56	00:08.17	00:11.44	00:15.13	00:18.37	00:18.55	(00:00.00)
51	5	49	Michels, Holger	168	Injoy Laufteam Kaste		1972	M35	00:04.59	00:08.24	00:11.51	00:15.17	00:18.38	00:18.55	(00:00.00)
52	6	50	Grundheber, Heinz	403	LT Schweich		1962	M45	00:05.02	00:08.24	00:11.51	00:15.17	00:18.38	00:18.56	(00:00.00)
53	14	51	Franz, Harald	128	Physiotherapie Hebel		1983	M20	00:04.49	00:08.13	00:11.46	00:15.20	00:18.40	00:18.58	(00:00.00)
54	13	52	Hoffmann, Mario	117	SV Oberweis		1993	M16	00:04.56	00:08.22	00:11.48	00:15.16	00:18.43	00:19.00	(00:00.00)
55	14	53	Wierse, Sebastian	436	HSG Wittlich e.V.	D	1994	M16	00:04.51	00:08.14	00:11.45	00:15.17	00:18.42	00:19.00	(00:00.00)
56	5	54	Urbany, Guido	142	LT Ferschweiler Plat		1966	M40	00:05.03	00:08.28	00:11.58	00:15.24	00:18.48	00:19.07	(00:00.00)
57	15	55	Haumann, Hendrik	118	LG Langsur		1980	M20	00:04.51	00:08.18	00:11.52	00:15.24	00:18.51	00:19.10	(00:00.00)
58	6	56	Eisenreich, Stefan	430	DJK Triathlon Andern	D	1967	M40	00:00.00	00:00.00	00:00.00	00:00.00	00:00.00	00:19.11	(00:00.00)
59	16	57	Meurer, David	426		D	1985	M20	00:05.03	00:08.32	00:12.06	00:15.40	00:18.53	00:19.12	(00:00.00)
60	6	58	Theis, Jörg	441	TTS Sport-Trier	D	1970	M35	00:05.09	00:08.38	00:12.04	00:15.31	00:18.54	00:19.12	(00:00.00)
61	15	59	Bales, Christian	146	SV Oberweis		1993	M16	00:04.56	00:08.21	00:11.53	00:15.33	00:18.57	00:19.12	(00:00.00)
62	1	3	Martens, Vera	200	Spiridon Frankfurt		1969	W40	00:04.58	00:08.24	00:11.54	00:15.25	00:18.53	00:19.12	(00:00.00)
63	7	60	Betzler, Elmar	150	PST Trier		1961	M45	00:05.10	00:08.36	00:12.03	00:15.31	00:18.57	00:19.13	(00:00.00)
64	7	61	Klaus, Peter	284			1966	M40	00:05.06	00:08.28	00:11.53	00:15.23	00:18.57	00:19.16	(00:00.00)
65	8	62	Schäfer, Detlef	130	TV-Bitburg		1963	M45	00:05.03	00:08.30	00:11.57	00:15.29	00:18.58	00:19.16	(00:00.00)
66	9	63	Paulus, Walter	163	SC Beuren		1961	M45	00:05.00	00:08.33	00:12.01	00:15.34	00:19.02	00:19.19	(00:00.00)
67	1	4	Heinbach, Susanne	359	TSV Krofdorf Gleiber		1971	W35	00:05.16	00:08.44	00:12.09	00:15.37	00:19.02	00:19.20	(00:00.00)
68	6	64	Neumann, Fabian	169	PSV Wengerohr		1991	M18	00:05.00	00:08.32	00:12.09	00:15.48	00:19.17	00:19.30	(00:00.00)
69	17	65	Laumers, Michael	120	SC Bleialf		1980	M20	00:05.13	00:08.45	00:12.19	00:15.52	00:19.17	00:19.32	(00:00.00)
70	2	5	Bermes, Chiara	207	PST Trier		1993	W16	00:05.12	00:08.45	00:12.19	00:15.51	00:19.16	00:19.32	(00:00.00)
71	1	6	Hammer, Meike	212	LG Vulkaneifel		1991	W18	00:05.14	00:08.46	00:12.19	00:15.52	00:19.17	00:19.34	(00:00.00)
72	18	66	Heimes, Leon	173	TuS Reil		1987	M20	00:05.09	00:08.40	00:12.14	00:15.49	00:19.17	00:19.35	(00:00.00)
73	7	67	Fabry, Markus	179	HSC 1990 GAMLEN		1970	M35	00:05.05	00:08.37	00:12.11	00:15.50	00:19.20	00:19.37	(00:00.00)
74	2	7	Fusaro, Claudia	311	Tri Post Trier		1968	W40	00:05.14	00:08.45	00:12.17	00:15.48	00:19.20	00:19.38	(00:00.00)
75	8	68	Heimes, Stefan	230	LG Maifeld-Pellenz		1968	M40	00:05.16	00:08.49	00:12.23	00:15.54	00:19.22	00:19.39	(00:00.00)
76	8	69	Lauer, Frank	172	Injoy Laufteam Kaste		1971	M35	00:05.04	00:08.33	00:12.08	00:15.46	00:19.22	00:19.40	(00:00.00)
77	9	70	Linz, Georg	289	LG Maifeld-Pellenz		1965	M40	00:05.16	00:08.46	00:12.18	00:15.50	00:19.21	00:19.41	(00:00.00)
78	7	71	Wohlleben, Jan	152	TSV Bullay-Alf		1990	M18	00:05.07	00:08.35	00:12.08	00:15.49	00:19.22	00:19.41	(00:00.00)
79	10	72	Klink, Karl-Peter	251	PSV Wengerohr		1964	M45	00:05.12	00:08.46	00:12.21	00:15.56	00:19.27	00:19.43	(00:00.00)
80	19	73	Schümmer, Daniel	293	FC Neuhof		1982	M20	00:05.12	00:08.42	00:12.16	00:15.56	00:19.24	00:19.43	(00:00.00)
81	1	74	Storr, Wilhelm	177	Sportler für Christu		1954	M55	00:05.04	00:08.36	00:12.11	00:15.51	00:19.24	00:19.45	(00:00.00)
82	11	75	Mueller, Michael	421	TV Zell	D	1960	M45	00:00.00	00:00.00	00:00.00	00:00.00	00:00.00	00:19.46	(00:00.00)
83	16	76	Reckter, Johannes	161	Tus Immendorf		1994	M16	00:05.12	00:08.44	00:12.22	00:16.01	00:19.31	00:19.47	(00:00.00)
84	9	77	Jakobs, Marco	164	Injoy Laufteam Kaste		1973	M35	00:05.03	00:08.35	00:12.13	00:15.56	00:19.29	00:19.47	(00:00.00)
85	4	78	Feilen, Christian	154	MTB-Club Zell/cannon		1976	M30	00:05.08	00:08.38	00:12.17	00:15.58	00:19.32	00:19.51	(00:00.00)
86	10	79	Olk, Winfried	358	Silvesterlauf Trier		1966	M40	00:05.09	00:08.45	00:12.21	00:15.58	00:19.32	00:19.51	(00:00.00)
87	2	8	Friedrich, Katrin	349	PST- Trier		1985	W20	00:05.16	00:08.46	00:12.20	00:15.58	00:19.37	00:19.56	(00:00.00)
88	11	80	Lieser, Bernd	291	Berufsfuerwehr Trie		1967	M40	00:05.09	00:08.44	00:12.21	00:16.00	00:19.39	00:19.59	(00:00.00)
89	20	81	Schäfer, Marco	345	TSV Bullay-Alf		1980	M20	00:05.23	00:09.03	00:12.45	00:16.23	00:19.44	00:20.00	(00:00.00)
90	21	82	Weirich, Dominik	411	BSG Spk Mittelmosel	GER	1987	M20	00:05.41	00:09.13	00:12.41	00:16.11	00:19.39	00:20.00	(00:00.00)
91	22	83	Schäfer, Nico	347	TSV Bullay-Alf		1989	M20	00:05.23	00:09.04	00:12.45	00:16.24	00:19.44	00:20.00	(00:00.00)
92	12	84	Knoerchen, Jürgen	447	TV Waldstraße Wiesba	D	1967	M40	00:05.37	00:09.19	00:12.53	00:16.29	00:19.55	00:20.12	(00:00.00)
93	10	85	Hennes, Frank	115	Team INDEPENDENT Spo		1973	M35	00:05.21	00:09.03	00:12.44	00:16.24	00:20.00	00:20.15	(00:00.00)
94	17	86	Michels, Thomas	145	LG Vulkaneifel		1993	M16	00:05.07	00:08.47	00:12.30	00:16.20	00:20.01	00:20.15	(00:00.00)

**6. Zeller Adventslauf**  
**Gesamt Einlauf : 5 km Zeller Adventslauf**

**Datum : 18.12.09 Zeit : 10:55:10 Seite : 3**

Gesamt	Klasse	Gesch	Name	StartNr	Verein	Nat	Jg	Klasse	1+2. Rd	3. Rd	4. Rd	5. Rd	6. Rd	Zeit	(Brutto)
95	2	87	Böhr, Volker	262	LLG Landstuhl		1950	M55	00:04.59	00:09.08	00:12.46	00:16.23	00:19.59	00:20.17	(00:00.00)
96	3	9	John, Veronika	438	Post Sport Telekom T	D	1984	W20	00:05.20	00:08.56	00:12.36	00:16.20	00:19.56	00:20.18	(00:00.00)
97	12	88	Burkowsky, Michael	628	Independent sports s	D	1962	M45	00:05.24	00:09.03	00:12.45	00:16.25	00:20.00	00:20.20	(00:00.00)
98	3	89	Scheibelhut, Thomas	124	DJK Irrel		1958	M50	00:05.30	00:09.11	00:12.51	00:16.30	00:20.03	00:20.21	(00:00.00)
99	3	10	Brachtendorf, Vanessa	203	LG Maifeld-Pellenz		1992	W16	00:05.19	00:08.58	00:12.44	00:16.27	00:20.02	00:20.22	(00:00.00)
100	4	90	Gotto, Robert	119	La TuS Mayen		1957	M50	00:05.17	00:08.55	00:12.35	00:16.21	00:20.04	00:20.23	(00:00.00)
101	11	91	Martin, Freddy	294	x-sport kastellaun		1973	M35	00:05.13	00:08.47	00:12.30	00:16.17	00:20.03	00:20.23	(00:00.00)
102	23	92	Schmitt, Markus	170	Team Doloriet puntom		1980	M20	00:05.19	00:09.02	00:12.42	00:16.22	00:20.03	00:20.24	(00:00.00)
103	3	93	Heiseler, Gerd	225	SV Wittlich		1952	M55	00:05.30	00:09.08	00:12.49	00:16.30	00:20.08	00:20.28	(00:00.00)
104	24	94	Comes, Michael	138	Laufgruppe Cochem La		1981	M20	00:05.11	00:08.49	00:12.35	00:16.23	00:20.08	00:20.29	(00:00.00)
105	18	95	Reuter, Lucca	434	SpVgg Burgbrohl	D	1995	M16	00:05.04	00:08.53	00:12.39	00:16.24	00:20.10	00:20.30	(00:00.00)
106	3	11	Oetz, Ulrike	202	Rot-Weiß Koblenz		1969	W40	00:05.31	00:09.10	00:12.51	00:16.33	00:20.09	00:20.30	(00:00.00)
107	13	96	Eckhardt, Markus	437	Anlauf Siegen	D	1961	M45	00:05.34	00:09.13	00:12.57	00:16.38	00:20.15	00:20.30	(00:00.00)
108	5	97	Kiemen, Andreas	184	DJK Irrel	D	1976	M30	00:05.23	00:09.02	00:12.45	00:16.33	00:20.16	00:20.36	(00:00.00)
109	8	98	Nikolay, Pascal	432		D	1990	M18	00:01.51	00:05.35	00:09.19	00:13.08	00:16.57	00:20.40	(00:00.00)
110	9	99	Barth, Dominique	136	LG Vulkaneifel		1990	M18	00:05.12	00:08.58	00:12.50	00:16.40	00:20.30	00:20.50	(00:00.00)
111	14	100	Backhaus, Peter	448	Injoy-Lauftreff	D	1963	M45	00:05.17	00:09.04	00:12.50	00:16.39	00:20.32	00:20.51	(00:00.00)
112	1	12	Helm-Schatilow, Irina	400	LN Nütterden		1963	W45	00:05.26	00:09.10	00:12.56	00:16.45	00:20.32	00:20.52	(00:00.00)
113	4	101	Hammann, Theo	364	SV Wintrich		1954	M55	00:05.35	00:09.18	00:13.04	00:16.51	00:20.34	00:20.52	(00:00.00)
114	13	102	Scholzen, Peter	443	SV Wallenborn	D	1968	M40	00:05.37	00:09.23	00:13.13	00:16.59	00:13.14	00:20.52	(00:00.00)
115	14	103	Braun, Wolfram	256	LG Meulenwald Föhren		1965	M40	00:05.28	00:09.10	00:12.57	00:16.45	00:20.33	00:20.53	(00:00.00)
116	15	104	Holper, Elmar	243	LG Pronsfeld-Lünebac		1964	M45	00:05.43	00:09.27	00:13.11	00:16.56	00:20.37	00:20.58	(00:00.00)
117	16	105	Hurt, Michael	127	LG Langsur		1961	M45	00:05.40	00:09.24	00:13.08	00:16.52	00:20.39	00:20.58	(00:00.00)
118	12	106	Jungen, Oliver	397	TuS Kaisersesch		1973	M35	00:05.55	00:09.49	00:13.34	00:17.13	00:20.43	00:21.02	(00:00.00)
119	4	13	Engel, Miriam	281	LG Langsur		1981	W20	00:05.36	00:09.20	00:13.09	00:16.57	00:20.42	00:21.02	(00:00.00)
120	10	107	Richard, Felix	186	Team Independent-Spo	D	1990	M18	00:05.22	00:09.07	00:12.54	00:16.47	00:20.44	00:21.05	(00:00.00)
121	25	108	Wondra *, Ingmar	149	Pünderich		1984	M20	00:05.09	00:08.59	00:12.55	00:16.49	00:20.44	00:21.05	(00:00.00)
122	5	109	Gotto, Robert	191	LA TUS Mayen	D	1957	M50	00:05.40	00:09.26	00:13.14	00:17.06	00:20.48	00:21.06	(00:00.00)
123	17	110	Schäfer, Peter	327	Lauftreff TuS Platte		1962	M45	00:05.33	00:09.22	00:13.15	00:17.07	00:20.51	00:21.08	(00:00.00)
124	26	111	Laumers, Michael	319	SC Bleialf		1980	M20	00:05.50	00:09.38	00:13.22	00:17.10	14:53.02	00:21.12	(00:00.00)
125	6	112	Knauf, Josef	340	SC Bleialf		1955	M50	00:05.49	00:09.39	00:13.26	00:17.15	00:20.57	00:21.14	(00:00.00)
126	15	113	Göbel, Rainer	375	X-Sport-Kastellaun		1965	M40	00:05.37	00:09.25	00:13.17	00:17.11	00:20.57	00:21.14	(00:00.00)
127	2	14	Wolschendorf, Wiebke	342	Silvesterlauf Trier		1963	W45	00:05.37	00:09.25	00:13.15	00:17.07	00:20.56	00:21.16	(00:00.00)
128	2	15	Bier, Kathrin	208	SV 1919 Sonsbeck e.V		1990	W18	00:05.22	00:09.05	00:12.54	00:16.59	00:20.58	00:21.18	(00:00.00)
129	16	114	Adams, Bernd	446	SV Mörsdorf	D	1968	M40	00:05.47	00:09.37	00:13.22	00:17.10	00:21.00	00:21.19	(00:00.00)
130	4	16	Schnieders, Elena	384	Hunsrück-Marathon e.		1996	W16	00:05.34	00:09.25	00:13.17	00:17.16	00:21.03	00:21.20	(00:00.00)
131	6	115	Neu, Tino	383	Sportler für Christu		1978	M30	00:05.46	00:09.39	00:13.29	00:17.18	00:21.04	00:21.20	(00:00.00)
132	7	116	Thielen, Patrick	237	FC ORMONT		1975	M30	00:05.38	00:09.31	00:13.24	00:17.17	00:21.03	00:21.24	(00:00.00)
133	5	17	Schlösser, Sabrina	255	FC ORMONT		1995	W16	00:05.39	00:09.31	00:13.24	00:17.17	00:21.03	00:21.24	(00:00.00)
134	1	117	Meixner, Dieter	305	1.F.C.Kaiserslautern		1944	M65	00:01.56	00:05.42	00:09.32	00:13.22	00:17.14	00:21.25	(00:00.00)
135	3	18	Haas, Marion	211	TV-Rachtig		1963	W45	00:05.35	00:09.21	00:13.17	00:17.14	00:21.06	00:21.27	(00:00.00)
136	13	118	Lemmens, Werner	407	DJK Irrel	B	1970	M35	00:05.35	00:09.25	00:13.16	00:17.13	00:21.03	00:21.27	(00:00.00)
137	7	119	Herbach, Thomas	194	1. FC Kaiserslautern	D	1959	M50	00:05.33	00:09.23	00:13.20	00:17.16	00:21.09	00:21.28	(00:00.00)
138	17	120	Graca dos Santos, Simao	260	Grünewaldläufer		1966	M40	00:05.39	00:09.31	00:13.31	00:17.27	00:21.23	00:21.41	(00:00.00)
139	8	121	Rausch, Bernd	275	LG Meulenwald Föhren		1959	M50	00:05.52	00:09.40	00:13.36	00:17.38	00:21.24	00:21.43	(00:00.00)
140	11	122	Bittner, Max	144			1991	M18	00:05.12	00:09.03	00:13.03	00:17.09	00:21.19	00:21.47	(00:00.00)
141	5	123	Urbanek, uli	370	LG Meulenwald Föhren		1954	M55	00:05.55	00:09.48	00:13.47	00:17.45	00:21.36	00:21.53	(00:00.00)

**6. Zeller Adventslauf**  
**Gesamt Einlauf : 5 km Zeller Adventslauf**

**Datum : 18.12.09 Zeit : 10:55:10 Seite : 4**

Gesamt	Klasse	Gesch	Name	StartNr	Verein	Nat	Jg	Klasse	1+2. Rd	3. Rd	4. Rd	5. Rd	6. Rd	Zeit	(Brutto)
142	1	124	Wirtz, Werner	425	Zell-Merl	D	1949	M60	00:05.40	00:09.32	00:13.31	00:17.33	00:21.34	00:21.53	(00:00.00)
143	18	125	Stölben, Horst	274	ITC Neu-Isenburg		1960	M45	00:05.38	00:09.29	00:13.28	00:17.34	00:21.37	00:21.55	(00:00.00)
144	8	126	Brausch, Marco	351	Auf Messers Schneide		1976	M30	00:05.25	00:09.24	00:13.34	00:17.35	00:21.36	00:21.57	(00:00.00)
145	18	127	Franzen, Rainer	267	Barlgemeinschaft		1965	M40	00:06.03	00:10.02	00:13.58	00:17.53	00:21.40	00:21.57	(00:00.00)
146	9	128	Scheuren, Lothar	302	LG Maifeld-Pellenz		1958	M50	00:05.58	00:09.56	00:13.58	00:17.52	00:21.41	00:21.59	(00:00.00)
147	12	129	Venn, Lukas	410	BSG Spk Mittelmosel	GER	1990	M18	00:05.42	00:09.33	00:13.41	00:17.42	00:21.40	00:22.02	(00:00.00)
148	19	130	Feola, Michele	334	LG Langsur		1965	M40	00:05.42	00:09.35	00:13.34	00:17.40	00:21.42	00:22.03	(00:00.00)
149	6	19	Blameuser, Carmen	320	FC ORMONT		1993	W16	00:05.39	00:09.32	00:13.34	00:17.40	00:21.42	00:22.03	(00:00.00)
150	20	131	Diederichs, Paul	333	Kirche Zell		1969	M40	00:06.05	00:10.05	00:14.07	00:18.08	00:21.48	00:22.04	(00:00.00)
151	21	132	Westhöfer, Franz-Josef	280	BSG - Spk Mittelmose		1965	M40	00:05.53	00:09.53	00:13.55	00:17.53	00:21.45	00:22.04	(00:00.00)
152	4	20	Schaden, Martina	290	LA TuS Mayen		1963	W45	00:05.54	00:09.49	00:13.51	00:17.49	00:21.45	00:22.07	(00:00.00)
153	22	133	Singhof, Axel	263	FC ORMONT		1969	M40	00:05.40	00:09.30	00:13.32	00:17.38	00:21.42	00:22.07	(00:00.00)
154	9	134	Meier, Markus	555	Sparkasse Trier	D	1979	M30	00:05.49	00:09.42	00:13.46	00:17.52	00:21.48	00:22.07	(00:00.00)
155	4	21	Gerads, Britta	419	TUS Sonsbeck	D	1969	W40	00:06.07	00:10.07	00:14.06	00:18.00	00:21.49	00:22.08	(00:00.00)
156	13	135	Heppenstall, Marc	219	SV 1919 Sonsbeck e.V		1991	M18	00:05.39	00:09.37	00:13.45	00:18.02	00:21.59	00:22.12	(00:00.00)
157	6	136	Diederichs, Herbert	193	Vulkanläufer	D	1953	M55	00:06.00	00:09.59	00:13.58	00:17.58	00:21.52	00:22.13	(00:00.00)
158	1	22	Saurborn, Manuela	257	LT Horn-Laubach		1975	W30	00:05.37	00:09.37	00:13.49	00:18.01	00:21.59	00:22.15	(00:00.00)
159	2	23	Jungen, Petra	386	TuS Kaisersesch		1973	W35	00:05.56	00:09.50	00:13.53	00:17.55	00:21.57	00:22.15	(00:00.00)
160	10	137	Schulz, Heinz	341	LT Horn-Laubach		1957	M50	00:05.56	00:09.51	00:13.58	00:18.02	00:21.57	00:22.16	(00:00.00)
161	19	138	Andries, Kurt	304	SFG Bernkastel-Kues		1962	M45	00:05.47	00:09.50	00:13.55	00:17.57	00:21.59	00:22.17	(00:00.00)
162	1	24	Staudt, Alwine	392	TV Hermeskeil		1959	W50	00:06.03	00:10.03	00:14.05	00:18.03	00:21.57	00:22.17	(00:00.00)
163	14	139	Hallebach, Stefan	377			1973	M35	00:05.56	00:10.00	00:14.05	00:18.09	00:22.02	00:22.21	(00:00.00)
164	23	140	Venn, Dirk	301	Krankenhaus Daun		1965	M40	00:06.00	00:10.00	00:14.04	00:18.07	00:22.03	00:22.23	(00:00.00)
165	11	141	Deutschen, Peter	371	LG Langsur		1955	M50	00:05.57	00:10.02	00:13.58	00:18.04	00:22.01	00:22.24	(00:00.00)
166	20	142	Braun, Heinz	439		D	1963	M45	00:06.01	00:10.00	00:14.01	00:18.06	00:22.09	00:22.28	(00:00.00)
167	5	25	Zirbes, Sabrina	427	Feuerwehr Bremm	D	1983	W20	00:06.11	00:10.15	00:14.20	00:18.24	00:22.07	00:22.28	(00:00.00)
168	10	143	Bollmann, Carsten	258	Kerzenburg e.V.		1979	M30	00:06.15	00:10.08	00:14.09	00:18.10	00:22.08	00:22.30	(00:00.00)
169	21	144	Paulus, Werner	247	LG Langsur		1963	M45	00:05.57	00:09.53	00:13.58	00:18.02	00:22.08	00:22.30	(00:00.00)
170	22	145	Pütz, Rainer	387	Greimersburg		1964	M45	00:06.09	00:10.14	00:14.18	00:18.20	00:22.15	00:22.31	(00:00.00)
171	12	146	Schäfer, Jürgen	227	SV 1919 Sonsbeck e.V		1957	M50	00:06.04	00:10.08	00:14.11	00:18.14	00:22.09	00:22.32	(00:00.00)
172	3	26	Bakali, Michaela	266	SFG Bernkastel-Kues		1972	W35	00:06.00	00:10.01	00:14.08	00:18.13	00:22.15	00:22.37	(00:00.00)
173	5	27	Büdinger, Silvia	357	TG Konz		1960	W45	00:06.02	00:10.03	00:14.06	00:18.14	00:22.20	00:22.40	(00:00.00)
174	7	147	Dietz-Wägelein, Kurt	338	LG Langsur		1954	M55	00:05.57	00:09.56	00:14.00	00:18.06	00:22.20	00:22.41	(00:00.00)
175	7	28	Zapp, Katharina	214	FC ORMONT		1994	W16	00:05.41	00:09.43	00:13.54	00:18.16	00:22.24	00:22.45	(00:00.00)
176	11	148	Zirbes, Dominik	428	Feuerwehr Bremm	D	1978	M30	00:06.10	00:10.15	00:14.19	00:18.27	00:22.24	00:22.46	(00:00.00)
177	2	29	Brandscheidt, Kerstin	396	Vulkanläufer		1977	W30	00:06.04	00:10.16	00:14.26	00:18.33	00:22.30	00:22.52	(00:00.00)
178	19	149	Klee, Marcel	185		D	1992	M16	00:06.02	00:10.11	00:14.26	00:18.37	00:22.31	00:22.53	(00:00.00)
179	15	150	Schmitz, Frank	451	Ferschweiler Plateau	GER	1970	M35	00:06.04	00:10.16	00:14.26	00:18.33	00:22.31	00:22.53	(00:00.00)
180	13	151	Benz, Willi	399	Vulkanläufer		1959	M50	00:05.59	00:10.00	00:14.07	00:18.22	00:22.30	00:22.53	(00:00.00)
181	24	152	Habscheid, Guido	323	BSG Spk Mittelmosel		1966	M40	00:06.20	00:10.22	00:14.23	00:18.30	00:22.37	00:22.59	(00:00.00)
182	27	153	Stoffels, Alexander	405	Sparkasse Trier		1981	M20	00:05.45	00:09.36	00:14.04	00:18.31	00:22.39	00:23.02	(00:00.00)
183	28	154	Esser, Tobias	246			1980	M20	00:06.18	00:10.26	00:14.36	00:18.47	00:22.46	00:23.03	(00:00.00)
184	23	155	Berenz, Uwe	299	FC Neuhof		1964	M45	00:06.00	00:10.03	00:14.08	00:18.25	00:22.43	00:23.06	(00:00.00)
185	24	156	Emmerich, Johannes	394	Düngenheim		1961	M45	00:06.12	00:10.18	00:14.30	00:18.45	00:22.50	00:23.08	(00:00.00)
186	2	157	Maciohsek, Heinz	147	LG Vulkaneifel	D	1940	M65	00:06.07	00:10.16	00:14.27	00:18.39	00:22.52	00:23.13	(00:00.00)
187	16	158	Pintscher, Thomas	379	LA TuS Mayen		1970	M35	00:06.09	00:10.17	00:14.27	00:18.40	00:22.51	00:23.14	(00:00.00)
188	5	30	Michels, Beatrice	356	TG Konz		1966	W40	00:06.18	00:10.27	00:14.38	00:18.51	00:22.58	00:23.21	(00:00.00)

# 6. Zeller Adventslauf

## Gesamt Einlauf : 5 km Zeller Adventslauf

Datum : 18.12.09 Zeit : 10:55:10 Seite : 5

Gesamt	Klasse	Gesch	Name	StartNr	Verein	Nat	Jg	Klasse	1+2. Rd	3. Rd	4. Rd	5. Rd	6. Rd	Zeit	(Brutto)
189	25	159	Heggen, Elmar	248			1968	M40	00:06.12	00:10.21	00:14.35	00:18.52	00:23.00	00:23.23	(00:00.00)
190	25	160	Werland, Michael	388			1964	M45	00:06.09	00:10.21	00:14.37	00:18.53	00:23.02	00:23.26	(00:00.00)
191	6	31	Werland, Anne	344			1962	W45	00:06.10	00:10.21	00:14.37	00:18.54	00:23.03	00:23.26	(00:00.00)
192	6	32	Werner, Nike	361	TG Konz		1983	W20	00:06.24	00:10.39	00:14.56	00:19.07	00:23.09	00:23.31	(00:00.00)
193	6	33	Jansohn, Conny	398	TG Konz		1967	W40	00:06.23	00:10.39	00:14.55	00:19.07	00:23.18	00:23.41	(00:00.00)
194	20	161	Rüdel, Lennart	252	LG Boppard		1996	M16	00:05.54	00:10.11	00:14.27	00:19.06	00:23.26	00:23.42	(00:00.00)
195	26	162	Steiner, Wolfgang	402	HSC 1990 GAMLEN		1963	M45	00:06.02	00:10.20	00:14.41	00:19.04	00:23.20	00:23.43	(00:00.00)
196	14	163	Weber, Dietmar	192	Injoy-Lauftreff	D	1958	M50	00:06.22	00:10.39	00:14.56	00:19.17	00:23.26	00:23.46	(00:00.00)
197	2	164	welter, josef	350	ssg lutzerather-höhe		1949	M60	00:06.09	00:10.24	00:14.46	00:19.07	00:23.27	00:23.50	(00:00.00)
198	21	165	Reis, Fabian	271	VfL Bremm		1996	M16	00:06.20	00:10.34	00:14.53	00:19.19	00:23.33	00:23.52	(00:00.00)
199	17	166	Junker, Dirk	189	LT Horn-Laubach	D	1972	M35	00:06.07	00:10.24	00:14.48	00:19.16	00:23.33	00:23.55	(00:00.00)
200	3	167	Schmitz, Karl Heinz	352	LA TuS Mayen		1943	M65	00:06.17	00:10.32	00:14.51	00:19.15	00:23.33	00:23.56	(00:00.00)
201	3	34	Hees, Tanja	278	LT Horn-Laubach		1975	W30	00:06.05	00:10.27	00:14.50	00:19.18	00:23.36	00:23.57	(00:00.00)
202	8	35	Hahn, Natalie	300	FC ORMONT		1995	W16	00:05.59	00:10.17	00:14.47	00:19.24	00:23.50	00:24.13	(00:00.00)
203	27	168	Lui, Christian	283	BBS Trier		1960	M45	00:06.18	00:10.39	00:15.04	00:19.28	00:23.49	00:24.15	(00:00.00)
204	4	36	Gabriel, Melanie	282			1972	W35	00:06.15	00:10.45	00:15.07	00:19.31	00:23.50	00:24.15	(00:00.00)
205	26	169	Emsler, Carsten	424	Fortuna Fell	D	1967	M40	00:06.32	00:11.02	00:15.34	00:20.09	00:24.23	00:24.43	(00:00.00)
206	27	170	Bäcker, Georg	339	LT Gillenbeuren		1965	M40	00:06.27	00:11.00	00:15.29	00:19.59	00:24.24	00:24.45	(00:00.00)
207	28	171	Fandel, Wolfgang	242	FC Ormont		1969	M40	00:06.21	00:11.02	00:15.42	00:20.12	00:24.23	00:24.46	(00:00.00)
208	9	37	Pohs, Carolin	205	LG Vulkaneifel		1992	W16	00:06.33	00:10.58	00:15.29	00:20.05	00:24.29	00:24.47	(00:00.00)
209	3	38	Wawer, Lena	210	LG Vulkaneifel		1990	W18	00:06.32	00:10.58	00:15.29	00:20.05	00:24.29	00:24.50	(00:00.00)
210	4	39	Mayer, Kerstin	316	TG Konz		1977	W30	00:06.32	00:11.02	00:15.33	00:20.08	00:24.32	00:24.51	(00:00.00)
211	5	40	Yilmaz, Christine	401	LT Schweich		1976	W30	00:06.47	00:11.15	00:15.39	00:20.05	00:24.29	00:24.51	(00:00.00)
212	15	172	Schnieders, Christoph	389	Hunsrück-Marathon e.		1956	M50	00:06.38	00:11.06	00:15.34	00:20.06	00:24.28	00:24.52	(00:00.00)
213	29	173	Loosen, Daniel	190	RSC Untermosel	D	1980	M20	00:06.04	00:10.27	00:15.07	00:19.54	00:24.33	00:24.58	(00:00.00)
214	28	174	Clemens, Andreas	216			1961	M45	00:07.10	00:11.44	00:16.09	00:20.29	00:24.41	00:25.01	(00:00.00)
215	7	41	Klaus-Höhl, Klaudia	381	LT Schweich		1961	W45	00:06.48	00:11.23	00:15.53	00:20.16	00:24.41	00:25.03	(00:00.00)
216	5	42	Dohr, Miriam	367	Fa. Hans Peter Dohr		1971	W35	00:06.21	00:10.54	00:15.29	00:20.09	00:24.48	00:25.11	(00:00.00)
217	29	175	Jeandrüe, Peter	297	Selbstläufer Altenah		1964	M45	00:06.50	00:11.21	00:15.50	00:20.28	00:24.50	00:25.12	(00:00.00)
218	29	176	Marth, Thomas	217			1965	M40	00:06.28	00:10.59	00:15.54	00:20.50	00:24.59	00:25.17	(00:00.00)
219	8	43	Scheuren, Kristina	308	LG Maifeld-Pellenz		1961	W45	00:06.27	00:11.04	00:15.47	00:20.25	00:25.03	00:25.21	(00:00.00)
220	22	177	Marth, Adrian	420		D	1992	M16	00:06.57	00:11.31	00:16.10	00:20.47	00:25.17	00:25.32	(00:00.00)
221	23	178	Keuthen, Konstantin	390			1992	M16	00:06.58	00:11.32	00:16.11	00:20.47	00:25.18	00:25.33	(00:00.00)
222	3	179	Theißen, Paul	307	FC ORMONT		1947	M60	00:06.23	00:11.00	00:15.42	00:20.22	00:25.06	00:25.33	(00:00.00)
223	6	44	Roscher, Kirsten	393	TuS Kaisersesch		1972	W35	00:06.56	00:11.22	00:16.03	00:20.43	00:25.10	00:25.33	(00:00.00)
224	9	45	Halbleib, Roswitha	369	TSV Bullay/Alf		1960	W45	00:06.26	00:11.02	00:15.41	00:20.25	00:25.10	00:25.33	(00:00.00)
225	7	46	Raab, Heike	222			1965	W40	00:06.27	00:11.04	00:15.44	00:20.35	00:25.16	00:25.41	(00:00.00)
226	7	47	Weyand, Jutta	354	TSV Bullay/Alf		1973	W35	00:06.26	00:11.03	00:15.45	00:20.33	00:25.19	00:25.45	(00:00.00)
227	30	180	Gewehr, Sascha	362	X-sport Kastellaun		1982	M20	00:06.31	00:11.12	00:15.55	00:20.41	00:25.21	00:25.46	(00:00.00)
228	7	48	Schmidt, Steffi	376	Sportler für Christu		1985	W20	00:06.50	00:11.21	00:15.58	00:20.45	00:25.26	00:25.49	(00:00.00)
229	18	181	Heinl, Roman	229			1971	M35	00:06.51	00:11.24	00:16.06	00:20.50	00:25.28	00:25.53	(00:00.00)
230	10	49	Müller, Kathrin	209	VfL Bremm		1997	W16	00:07.13	00:12.02	00:16.42	00:21.20	00:25.35	00:25.55	(00:00.00)
231	2	50	Welter, Irmgard	382	SSG Lutzerather-Höhe		1955	W50	00:06.43	00:11.15	00:16.00	00:20.44	00:25.32	00:25.57	(00:00.00)
232	8	51	Holper, Waltraud	435	LG Pronsfeld-Lünebac	GER	1967	W40	00:07.40	00:12.23	00:17.08	00:21.38	00:25.44	00:26.05	(00:00.00)
233	8	182	Reitz, Heribert	332	TV Andel		1952	M55	00:06.53	00:11.34	00:16.10	00:20.52	00:25.46	00:26.07	(00:00.00)
234	8	52	Schmitz-Hallebach *, Reb	241			1974	W35	00:06.40	00:11.27	00:16.16	00:21.02	00:25.51	00:26.17	(00:00.00)
235	30	183	Hermesdorf, Ralf	337			1962	M45	00:06.59	00:11.48	00:16.39	00:21.27	00:26.03	00:26.20	(00:00.00)

# 6. Zeller Adventslauf

## Gesamt Einlauf : 5 km Zeller Adventslauf

Datum : 18.12.09 Zeit : 10:55:11 Seite : 6

Gesamt	Klasse	Gesch	Name	StartNr	Verein	Nat	Jg	Klasse	1+2. Rd	3. Rd	4. Rd	5. Rd	6. Rd	Zeit	(Brutto)
236	30	184	Schwaben, Gunther	373	Sportler für Christu		1968	M40	00:06.53	00:11.38	00:16.29	00:21.24	00:26.05	00:26.24	(00:00.00)
237	31	185	Theisen, Robert	270			1963	M45	00:07.23	00:12.09	00:16.50	00:21.33	00:26.11	00:26.28	(00:00.00)
238	32	186	Laux, Reinhard	365	FC Colonia		1961	M45	00:06.54	00:11.34	00:16.22	00:21.15	00:26.05	00:26.29	(00:00.00)
239	33	187	Host, Helmut	272			1963	M45	00:07.03	00:11.49	00:16.41	00:21.31	00:26.08	00:26.29	(00:00.00)
240	9	53	Heck, Rita	378	LT Schweich		1965	W40	00:06.48	00:11.26	00:16.20	00:21.14	00:26.07	00:26.33	(00:00.00)
241	9	54	Heimes, Melanie	232	LG Maifeld-Pellenz		1970	W35	00:06.55	00:11.37	00:16.24	00:21.22	00:26.11	00:26.36	(00:00.00)
242	16	188	Häuser, Edmund	296			1956	M50	00:06.58	00:11.45	00:16.34	00:21.28	00:26.17	00:26.37	(00:00.00)
243	17	189	Staudt, Edwin	295	BSG Spk Mittelmosel		1955	M50	00:07.01	00:11.45	00:16.39	00:21.33	00:26.18	00:26.41	(00:00.00)
244	8	55	Münch, Jennifer	253	RSC Untermosel		1980	W20	00:06.55	00:11.42	00:16.36	00:21.35	00:26.24	00:26.46	(00:00.00)
245	10	56	Emmerich, Eva	395	Düngenheim		1969	W40	00:07.03	00:11.48	00:16.41	00:21.40	00:26.24	00:26.47	(00:00.00)
246	24	190	Meier, Yannick	336	Krankenhaus Maria Hi		1999	M16	00:06.44	00:11.28	00:16.20	00:21.28	00:26.27	00:26.49	(00:00.00)
247	11	57	Venn, Stefanie	312	LT Lutzerath		1966	W40	00:07.13	00:12.00	00:16.49	00:21.41	00:26.25	00:26.51	(00:00.00)
248	12	58	Clemens, Gabi	221			1966	W40	00:07.11	00:11.57	00:16.50	00:21.42	00:26.28	00:26.51	(00:00.00)
249	10	59	Laux, Carmen	238	X-Sport Kastellaun		1972	W35	00:07.10	00:11.55	00:16.45	00:21.40	00:26.30	00:26.53	(00:00.00)
250	3	60	Kollig, Irene	287	LG Pronsfeld-Lünebac		1955	W50	00:07.22	00:12.13	00:17.01	00:21.49	00:26.37	00:27.03	(00:00.00)
251	11	61	Scherrer, Katja	326	BSG Mittelmosel - EM		1972	W35	00:07.13	00:12.05	00:16.55	00:21.48	00:26.39	00:27.05	(00:00.00)
252	9	62	Roth, Caroline	277	LG Pronsfeld-Lünebac		1986	W20	00:07.38	00:12.36	00:17.29	00:22.11	00:26.40	00:27.06	(00:00.00)
253	34	191	Pitsch, Hans-Josef	215	TV Anadel		1960	M45	00:06.31	00:11.16	00:16.13	00:21.26	00:26.37	00:27.08	(00:00.00)
254	9	192	Hofmann, Dr. Winfried	380	TSV Cappel		1954	M55	00:07.26	00:12.20	00:17.08	00:22.00	00:26.47	00:27.13	(00:00.00)
255	10	63	Dorweiler, Sandra	353	Injoy Laufteam Kaste		1982	W20	00:07.16	00:12.13	00:17.10	00:22.08	00:26.56	00:27.17	(00:00.00)
256	1	193	Schmitz, Alfred	273	TG Konz		1939	M70	00:07.13	00:12.13	00:17.10	00:22.10	00:27.04	00:27.27	(00:00.00)
257	11	64	Fischer, Anna	245	FC Neuhof		1984	W20	00:07.03	00:12.04	00:17.16	00:22.23	00:27.11	00:27.32	(00:00.00)
258	4	194	Schröder, Karl-Heinz	368	LG Pronsfeld-Lünebac		1943	M65	00:07.28	00:12.19	00:17.12	00:22.13	00:27.15	00:27.43	(00:00.00)
259	4	65	Münch, Gabi	268	RSC Untermosel		1959	W50	00:07.13	00:12.12	00:17.13	00:22.20	00:27.30	00:27.55	(00:00.00)
260	12	66	Rockenbach, Stefanie	366	Injoy Laufteam Kaste		1971	W35	00:07.17	00:12.14	00:17.12	00:22.14	00:27.33	00:27.55	(00:00.00)
261	10	195	Lenz, Klaus	187	LG Pronsfeld-Lünebac	D	1952	M55	00:07.41	00:12.38	00:17.39	00:22.38	00:27.37	00:28.05	(00:00.00)
262	10	67	Hurt, Marie-Therese	321	LG Langsur		1964	W45	00:07.35	00:12.32	00:17.35	00:22.36	00:27.39	00:28.09	(00:00.00)
263	13	68	Jeandrüe, Petra	314	Selbstläufer Altenah		1969	W40	00:07.44	00:12.44	00:17.47	00:22.55	00:28.02	00:28.27	(00:00.00)
264	35	196	Mertini, Bernd	409	BSG Spk Mittelmosel	GER	1962	M45	00:07.31	00:12.43	00:17.59	00:23.17	00:28.21	00:28.48	(00:00.00)
265	14	69	Mertini, Bettina	408	BSG Spk Mittelmosel	GER	1966	W40	00:07.32	00:12.43	00:18.00	00:23.17	00:28.22	00:28.48	(00:00.00)
266	4	197	Thiex, Albert	276	LG Pronsfeld-Lünebac		1949	M60	00:07.37	00:12.42	00:18.01	00:23.22	00:28.28	00:28.55	(00:00.00)
267	6	70	Dr. Meyer, Catharine	279	SV Hoppelmörchen		1978	W30	00:07.44	00:12.52	00:18.14	00:23.54	00:29.12	00:29.39	(00:00.00)
268	7	71	Ludwig, Stefanie	335			1976	W30	00:07.44	00:12.52	00:18.15	00:23.54	00:29.13	00:29.39	(00:00.00)
269	19	198	Laux, Denis	234	Spfr. Mastershausen		1970	M35	00:08.00	00:13.25	00:18.57	00:24.25	00:29.36	00:30.06	(00:00.00)
270	18	199	Heinen, Friedel	315	LG Pronsfeld-Lünebac		1955	M50	00:07.54	00:13.20	00:18.50	00:24.19	00:29.51	00:30.23	(00:00.00)
271	2	200	Haubrich, Günther	556	LT 2001 Mertesdorf	D	1936	M70	00:08.21	00:13.53	00:19.25	00:24.50	00:30.22	00:30.48	(00:00.00)
272	19	201	Loch, Wolfgang	325	Danys Sportsclub		1959	M50	00:08.26	00:13.45	00:19.21	00:25.05	00:30.47	00:31.13	(00:00.00)
273	25	202	Richard *, Moritz	240	Laufasse der GS Zell		1999	M16	00:08.10	00:14.03	00:19.47	00:24.52	00:30.44	00:32.03	(00:00.00)
274	11	72	Müller, Christine	292	VfL Bremm		1995	W16	00:08.35	00:14.10	00:20.05	00:26.06	00:31.42	00:32.07	(00:00.00)
275	11	73	Tamble, Christiane	249			1964	W45	00:08.35	00:14.27	00:20.29	00:26.15	00:31.43	00:32.12	(00:00.00)
276	20	203	Tamble, Hans-Peter	259	Proficoaching.net		1957	M50	00:08.35	00:14.27	00:20.29	00:26.14	00:31.43	00:32.12	(00:00.00)
277	11	204	Schlender, Bodo	449		D	1953	M55	00:09.23	00:15.23	00:21.03	00:26.28	00:31.48	00:32.19	(00:00.00)
278	31	205	König, Thomas	188	LT Mertesdorf 2001 e	D	1966	M40	00:08.52	00:14.35	00:20.27	00:26.15	00:32.03	00:32.32	(00:00.00)
279	26	206	Theisen, Lars	226			1998	M16	00:08.15	00:14.03	00:20.04	00:26.11	00:32.40	00:33.00	(00:00.00)